

St Matthew's Bloxam C of E Primary School

**"Let Your
Light Shine"**

NEWSLETTER

Friday 20th September 2024 Issue 3

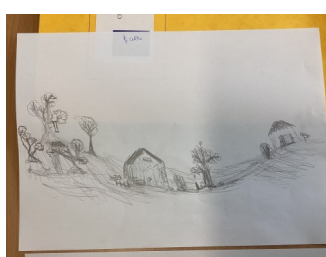
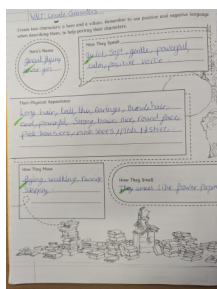
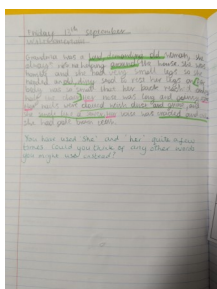
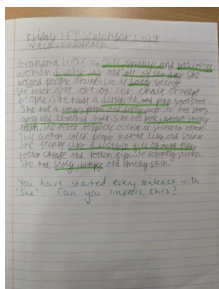
Telephone/Fax: 01788 542610

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Year 5 Learning & Roald Dahl Day



Last Friday, we celebrated the works of Roald Dahl as a school. Many children and staff dressed up as various characters that appear in his books- some human characters and some strange but wonderful animals or creatures! We began the day with an assembly where children heard some of Fantastic Mr Fox read to them. Then, some classes completed various activities. Year 2 learned about the life of Roald Dahl and have been reading James and the Giant Peach; year 3 wrote a character description of one of the main characters in their class book; year 4 created a hero and a villain in the style of Roald Dahl; and year 5 considered characteristics of role models after comparing Miss Honey and Mrs Trunchbull from Matilda. Year 6 also listened to the audio book of Fantastic Mr Fox and created sketches of what they thought the setting of the farm looked like. Thank you as always for your support from home with the various costumes!

Year 5 have also had a fantastic start to the year! They have produced some fantastic ideas in preparation of writing an adventure narrative following on from reading the book, 'The Dot'. They have also given some really respectful, sensible contributions to our new RE lessons. In history, they have learned and acted out the story of The Trojan Horse and in science have been investigating the effects of forces. Mrs Hunter was also really impressed with the effort shown in their first ukelele lesson!

Diary Dates

Monday 23rd September

Year 6 Swimming

Tuesday 24th September

Forest School After
School Club

Year 1,2,3 & 4

3.20pm - 4.15pm

Wednesday 25th
September

Non-uniform day in
memory of Nia

Rocksteady lessons (for
those who have signed up)

Thursday 26th September

Football Club 3.20pm-
4.20pm

Friday 27th September

Year 5 celebration
assembly 9am—parents/
carers welcome



The school has strong links with St Oswald's Church. Further details are available from www.smsso.org.uk

NON-UNIFORM DAY FOR NIA



On Wednesday 25th September we will be having a non-uniform day to remember our friend Nia.

Money raised will be split between creating a remembrance area and making a donation to the charity Brain Tumour Research.

Please can your child bring any donations and hand to their class teacher.



ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **96.2%**

School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a **specific reason** and **not 'unwell'** as we need to state a reason in the attendance records.

Please can medical appointments be made for after school.

We also require proof of appointments that are made during school time.

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

<https://www.pharmacy2u.co.uk/>

YEAR 6 PARENTS/CARERS

APPLYING FOR A SECONDARY SCHOOL PLACE

The application process is now open to submit your application for their secondary school place.

The deadline to apply for a secondary school place is **31 October 2024**.

If you miss this deadline, you are much less likely to get offered a place at a preferred school because you will be allocated a place after everyone who applied on time.

This deadline applies to all families, even if your child is sitting the 11+ exam. You still need to submit an application for your chosen secondary schools.

Please visit <https://www.warwickshire.gov.uk/applying-secondary-school-place> for more guidance on how to submit your application by the 31st October deadline.



RECEPTION CLASS TOUR FOR PUPILS STARTING SEPTEMBER 2025

School will be offering the opportunity for prospective parents/carers to visit our school.

Please contact the school office to arrange a visit.

The application process for a Reception 2025 place opens on November 1st 2024 and closes 15th January 2025.

<https://www.warwickshire.gov.uk/homepage/421/applying-for-a-primary-school-place>

Please use the link above for more details on the application process.

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**IT CAN BE HARD
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THEM TO SCHOOL
OR NOT.**



**UNLESS THEY HAVE A
TEMPERATURE OF
38 DEGREES OR ABOVE,
THEY'RE USUALLY
GOOD TO GO.**



**SEARCH NHS SCHOOL
ILLNESS GUIDANCE.**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government





COLLECTION POINT

Support Our Harvest Collection For People In Food Poverty

Please donate an item
or two from the list.

Thank you!

SHOPPING LIST

Milk (UHT or powdered) _____
Hot Chocolate _____
Sweet or Savoury Biscuits _____
Tinned Snack Meals _____
Tinned sponge pudding _____
Cooking Oil _____
Tinned Carrots _____
Flour _____
Tinned rice pudding _____
Tea bags/instant coffee _____
Instant mash potato _____
Good Strong Carrier Bags _____
Tinned Meat/fish _____
Hygiene Products _____
Laundry Detergent _____
Baby Food _____



07557 680019
info@rugby.foodbank.org.uk

Registered Charity in England & Wales 1126487



BISCUITS

Drinks

**PaFoS
Tuck Shop
THURSDAYS
after school
in the
conservatory**

All items are priced

2 for 50p

50p

£1

Cash and card machine
available

Sweets

Crisps



Information Sessions for Warwickshire Parents and Carers

Courses available online – via Zoom

Understanding and Supporting Children and Young People with Emotionally Based School Avoidance

Thursday 26th September 2024, 9:30 am to 11:30 am

Understanding Emotion Regulation in School Aged Children

Thursday 10th October 2024, 9:30 am to 11:30 am

Understanding and Supporting Children aged 3-11 Years with Anxiety

Thursday 24th October 2024, 9:30 am to 11:30 am

Understanding and Supporting Children Aged 12+ Years Anxiety

Thursday 7th November 2024, 9:30 am to 11:30 am

Understanding and Supporting School Aged Children Who Self-harm

Thursday 21st November 2024, 9:30 am to 11:30 am

Understanding Sensory Needs in School Aged Children

Thursday 5th December 2024, 9:30 am to 11:30 am

Understanding Low Mood in Children and Young People

Thursday 9th January 2025, 9:30 am to 11:30 am

Understanding Self-esteem in Children and Young People

Thursday 10th April 2025, 9:30 am to 11:30 am

Places on our sessions are subject to availability. To book your place please email risecommunityoffer@covwarkpt.nhs.uk

Please note: the sessions are available for Warwickshire residents only.



Mental Health in Schools Team

Parent/Carer Tips

For Wellness



Going back to school

Going back to school can bring up a lot of different feelings. For some young people going back to school is exciting, the thought of seeing friends or getting back into a routine. For others going back can feel scary, the thought of new teachers or subjects, seeing friends or peers or being in a new environment.

Things to support your young person with when returning to school:

1. **Being prepared** – It can be helpful to encourage them to pack their school bag and get their uniform out the night before school, so that the morning is less rushed.
2. **Getting a good night's sleep** – Doing relaxing activities in the evening, such as having a bath, reading, listening to calming music and avoiding screen time for at least an hour before bed, can help your young person to feel more tired and fall asleep more easily. Setting a bedtime can support them in getting back into a good sleep routine and feel more rested.
3. **Take it one day at a time** – Remember it can take some time to get back into a routine. Lists can help to prioritise tasks and keep on top of homework.
4. **Try to focus on the positives** – Making a note of at least one thing that they liked or enjoyed about their day, every day, can boost their mood. This could be a small thing, such as making a joke with your friend or having something nice to eat for lunch.
5. **Try to form a morning routine** – A regular routine in the morning can help them to feel less rushed and reduce feelings of uncertainty. Try to set a morning alarm for the same time every day.

What to do if your child is finding change difficult:

- Help them to problem solve.
- Maintain hobbies, favourite family activities and routines to create a safety net if your child is struggling.
- Give them encouragement.
- Encourage them to open up by starting conversations about what they are interested in.



Scan for tips for going back
to school



Scan for tips around sleep
from the Sleep Charity

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

