

St Matthew's Bloxam C of E Primary School

"Let Your
Light Shine"

NEWSLETTER

Friday 11th October 2024 Issue 6

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Year 2

The children have had a wonderful start to Year 2 and they have been working very hard!

In science we have been learning about living things and their habitat. We went outside on a minibeast hunt and to look at the microhabitats we have around school.

In art, we are using Vincent Van Gogh's painting of sunflowers to inspire our own art work. We went into the key stage one outdoor area to look at some sunflowers and do some observational drawing. We have been experimenting with watercolours to make tints and shades.



Diary Dates

Monday 14th October

Year 6 Swimming

Change Makers Workshops
in classes

Tuesday 15th October

Forest School After
School Club

Year 1,2,3 & 4

3.20pm - 4.15pm

Wednesday 16th October

Rocksteady lessons (for
those who have signed up)

Thursday 17th October

Harvest Festival service
at St Oswalds Church
9.30am
(Yrs 1-6)

Parents/carers welcome

Football Club 3.20pm-
4.20pm

Friday 18th October

Year 2 celebration
assembly 9am—parents/
carers welcome



ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **96.3%**

School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a **specific reason** and **not 'unwell'** as we need to state a reason in the attendance records.

Please can medical appointments be made for after school.

We also require proof of appointments that are made during school time.

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

<https://www.pharmacy2u.co.uk/>



BREAKTIME SNACKS



A polite reminder that Monday-Thursday only healthy snacks should be provided for break time.

Please send in healthy snacks including fruit bars, (not chocolate/marshmallows ones) or a plain biscuit such as rich tea or digestive, cereal bars or fruit.

Friday is treat day

The school break bar will only be serving healthy snacks Monday-Thursday.

Biscuits will be available to buy on a Friday.



SCHOLASTIC BOOK CLUB

Our new Scholastic Book Club is up and running and leaflets are coming home this week! There are some amazing offers to grab!

Go to <https://schools.scholastic.co.uk/st-matthews-bloxam/digital-book-club> to browse the latest books and order online. For every £1 you spend on this month's Book Club, our school will earn 20p in Scholastic Rewards.

Please place your order online by October 17th, 2024 and your order will be delivered to school the following week free of charge.


Book Club

YEAR 6 PARENTS/CARERS

APPLYING FOR A SECONDARY SCHOOL PLACE

The application process is now open to submit your application for their secondary school place.

The deadline to apply for a secondary school place is **31st October 2024**.

If you miss this deadline, you are much less likely to get offered a place at a preferred school because you will be allocated a place after everyone who applied on time.

This deadline applies to all families, even if your child is sitting the 11+ exam. You still need to submit an application for your chosen secondary schools.

Please visit <https://www.warwickshire.gov.uk/applying-secondary-school-place> for more guidance on how to submit your application by the **31st October deadline**.

MEET & GREET

On **Wednesday 23rd October** we are holding a parent/carer coffee morning.

This is an opportunity to come and talk with Mrs Francis about any concerns or questions about school, SEND or attendance.

We are also lucky enough to have a practitioner from the Mental Health in Schools Teams available to talk with about any concerns or questions around mental health. The MHST support young people who are experiencing low mood and a range of anxiety difficulties. They have a wealth of information and strategies to support young people who are struggling with mental health or anxiety.

Please join us in the conservatory from 9am.

The practitioner from MHST will be with us from 9.30am



Come and meet with from St Oswalds Church, On Monday 21st October at 9 am after drop off in the Conservatory, Gill Duncan our new Church-School Link Worker for a cuppa, pastries and an opportunity to find out what she will be involved in at St Matthew's Bloxam.

BUILDING BLOX

If you would like to reserve any sessions for next half term in our Before/After school club, Building Blox, please follow the link below by 3pm on Friday 18th October.

<https://forms.office.com/e/pGA3451jt7>

Class Wars!!



Another incredible amount collected! Year 4 is STILL in the lead, but Year 2 are closing the gap. Keep up the good work, you are ALL doing amazingly well! We only have 2 weeks left before the final count. Who will win?

From PaFoS



**IF YOUR CHILD IS
FEELING UNDER
THE WEATHER,**

**IT CAN BE HARD
TO KNOW IF YOU
SHOULD SEND
THEM TO SCHOOL
OR NOT.**



**UNLESS THEY HAVE A
TEMPERATURE OF
38 DEGREES OR ABOVE,
THEY'RE USUALLY
GOOD TO GO.**



**SEARCH NHS SCHOOL
ILLNESS GUIDANCE.**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government



School Attendance

Every day counts...



Good attendance helps with...



Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



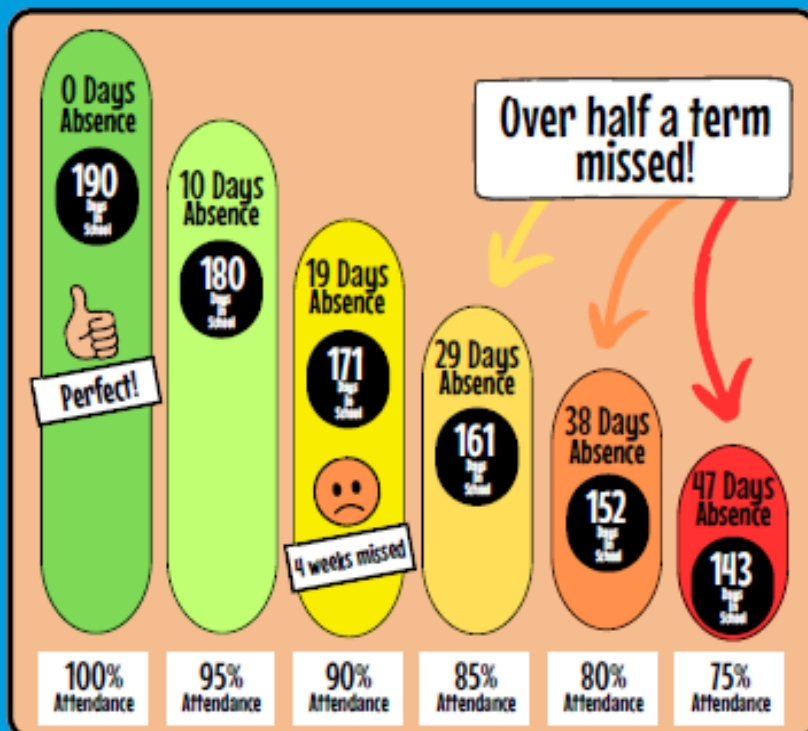
Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education





Mental Health in Schools Team Tips For Wellness



Connecting

Connecting with people and building good relationships is important for our mental wellbeing. We can connect with lots of people around us, such as family, friends, and neighbours, at home, school or in our local community.

Connecting with others can give you a **sense of belonging** and **self-worth**, an opportunity to share positive experiences, as well as providing emotional support.

We have so many ways to connect with each other by using technology; we can stay connected with family and friends who live further away by using video call, or we can message friends using apps and games which we play online. It is a great way to connect with others, but it is important not to rely on technology or social media alone...connecting with others in person is essential too!

Our tips for connecting:

1. Take a minute to name all the people you see or speak to in a normal week (from the postman to your teachers and family members). Next, pick out the people who help you the most and the ones who make you smile. Now, remember these people, as connecting with them is important to your happiness and wellbeing. Who can you talk to if you feel lonely, worried or upset?
2. Spend some time with a family member each day this week. You could eat a snack or meal together, help them with a task or play a game!
3. Arrange to meet a friend outside of school (don't forget to check with your parent or carer first). Could you go to the park together or have a sleepover? If you are not able to meet a friend, you could check in with them instead. Ask what they did at the weekend or how they are feeling, remember to listen carefully when they talk to you!
4. Connect with someone you have not spoken to in a while, maybe a friend from primary school or a family member who lives far away? Send them a message, have a video call, or write a letter to them!



5 ways to wellbeing

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

BISCUITS

Drinks

**PaFoS
Tuck Shop
THURSDAYS
after school
in the
conservatory**

All items are priced

2 for 50p

50p

£1

Cash and card machine
available

Sweets

Crisps



SIX SESSIONS FOR PARENTS TO HELP BUILD CHILDREN'S EMOTIONAL WELLBEING

‘A MIND OF THEIR OWN’



Make Time on Monday mornings in term time
6 sessions starting from
Monday 7th October 9-10a.m.
St Oswald's Church, Lawford Rd, New Bilton CV22 2HR

Come and have hot drinks and pastries with us...

Session themes include: Resilience, brain development, body
confidence and positive role models

Caring for children is one of life's joys, but it also brings
challenges. The good news is we can prepare our children to
meet life's ups and downs head-on!

Contact details:
Tel: 07391475546 makelunchrugby@gmail.com





Information Sessions for Warwickshire Parents and Carers

Courses available online – via Zoom

Understanding and Supporting Children and Young People with Emotionally Based School Avoidance

Thursday 26th September 2024, 9:30 am to 11:30 am

Understanding Emotion Regulation in School Aged Children

Thursday 10th October 2024, 9:30 am to 11:30 am

Understanding and Supporting Children aged 3-11 Years with Anxiety

Thursday 24th October 2024, 9:30 am to 11:30 am

Understanding and Supporting Children Aged 12+ Years Anxiety

Thursday 7th November 2024, 9:30 am to 11:30 am

Understanding and Supporting School Aged Children Who Self-harm

Thursday 21st November 2024, 9:30 am to 11:30 am

Understanding Sensory Needs in School Aged Children

Thursday 5th December 2024, 9:30 am to 11:30 am

Understanding Low Mood in Children and Young People

Thursday 9th January 2025, 9:30 am to 11:30 am

Understanding Self-esteem in Children and Young People

Thursday 10th April 2025, 9:30 am to 11:30 am

Places on our sessions are subject to availability. To book your place please email risecommunityoffer@covwarkpt.nhs.uk

Please note: the sessions are available for Warwickshire residents only.