

St Matthew's Bloxam C of E Primary School

"Let Your
Light Shine"

NEWSLETTER

Friday 18th October 2024 Issue 7

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YEAR 1

In Year 1, the children have had lots of fun and have all settled well. They have been very busy learning both indoors and outdoors. The children went on a seasonal walk and did an Autumn hunt. The children had an opportunity to get a clip board and walk around the school grounds to look for things on their list and tick them. We were not able to see the squirrel on the day of our walk. However, the children spotted one in our year 1 garden. The children have worked in small groups. They have explored a character through role play from a book called 'The Bee Who Spoke'. They have explained, using their bodies and voices, to become and explore a character. In their role play, they packed up their belongings and set off on their adventures. They have also written a list of items they would take. The children have enjoyed learning and exploring in year 1.



Diary Dates

Monday 21st October

Meet Gill Duncan - 9am in the conservatory

Year 6 Swimming

Tuesday 22nd October

Forest School After School Club

Year 1,2,3 & 4

3.20pm - 4.15pm

Wednesday 23rd October

Meet & Greet Coffee Morning in the conservatory from 9am

Rocksteady lessons (for those who have signed up)

Thursday 24th October

Whole school Black History Day

PaFoS Meeting in dining room 2pm - Everyone welcome

Football Club 3.20pm-4.20pm

Friday 25th October

PaFoS non-school uniform

Year 6 celebration assembly 9am—parents/carers welcome

School closes for Half Term



The school has strong links with St Oswald's Church. Further details are available from www.smso.org.uk



ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **94.5%**

This is below the target set by Warwickshire Admissions Service.

School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a **specific reason** and **not 'unwell'** as we need to state a reason in the attendance records.

Please can medical appointments be made for after school.

We also require proof of appointments that are made during school time.

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

<https://www.pharmacy2u.co.uk/>

MEET & GREET

On **Wednesday 23rd October** we are holding a parent/carer coffee morning.

This is an opportunity to come and talk with Mrs Francis about any concerns or questions about school, SEND or attendance.

We are also lucky enough to have a practitioner from the Mental Health in Schools Teams available to talk with about any concerns or questions around mental health. The MHST support young people who are experiencing low mood and a range of anxiety difficulties. They have a wealth of information and strategies to support young people who are struggling with mental health or anxiety.

Please join us in the conservatory from 9am.

The practitioner from MHST will be with us from 9.30am



Come and meet with from St Oswalds Church, On Monday **21st October at 9 am** after drop off in the Conservatory, Gill Duncan our new Church-School Link Worker for a cuppa, pastries and an opportunity to find out what she will be involved in at St Matthew's Bloxam.

YEAR 6 PARENTS/CARERS

APPLYING FOR A SECONDARY SCHOOL PLACE

The application process is now open to submit your application for their secondary school place.

The deadline to apply for a secondary school place is **31st October 2024**.

If you miss this deadline, you are much less likely to get offered a place at a preferred school because you will be allocated a place after everyone who applied on time.

This deadline applies to all families, even if your child is sitting the 11+ exam. You still need to submit an application for your chosen secondary schools.

Please visit <https://www.warwickshire.gov.uk/applying-secondary-school-place> for more guidance on how to submit your application by the **31st October deadline**.

The poster features a stylized illustration of a city skyline in the background. In the foreground, there are several colorful, stylized human figures in various poses, some appearing to be in motion or dancing. The text is arranged in a clear, hierarchical manner, with the title 'PaFoS MEETING' being the most prominent. Below the title, a welcoming message states 'Everyone is welcome! It's an informal meeting to bring together our ideas and discuss plans.' The date and time of the meeting are highlighted in a large, bold font. At the bottom, contact information is provided, and the entire graphic is framed by a blue border.

PaFoS MEETING

Everyone is welcome!
It's an informal meeting to bring together our
ideas and discuss plans.

**Thursday 24th Oct
2pm in the dining
hall at school**

For more info please contact
Chairsmb@gmail.com

October 25th

PaFoS Non-uniform donation day

In exchange for £1 or a bottled item
for the Christmas Fayre.
(bubble bath, shampoo, pop or
squash,etc)



Any alcohol to be handed to a
member of staff or directly
to the office

We would also welcome
any unused/new gifts.



Thank you!





**IF YOUR CHILD IS
FEELING UNDER
THE WEATHER,**

**IT CAN BE HARD
TO KNOW IF YOU
SHOULD SEND
THEM TO SCHOOL
OR NOT.**



**UNLESS THEY HAVE A
TEMPERATURE OF
38 DEGREES OR ABOVE,
THEY'RE USUALLY
GOOD TO GO.**

**SEARCH NHS SCHOOL
ILLNESS GUIDANCE.**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government



School Attendance

Every day counts...



Good attendance helps with...



Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



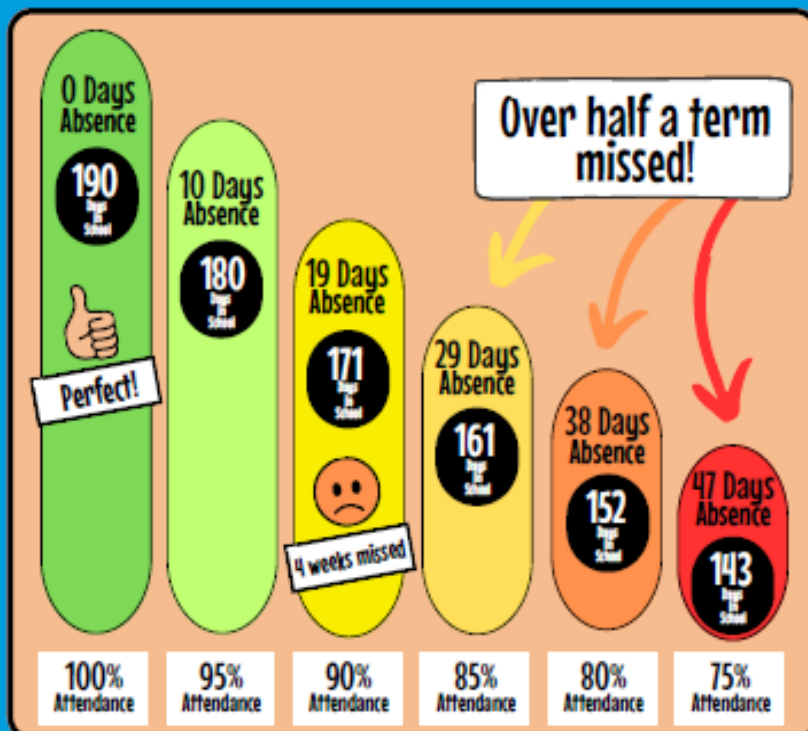
Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education





Mental Health in Schools Team

Tips For Wellness



Be You

'Be who you are and say what you feel because those who mind don't matter and those who matter don't mind' - Dr Seuss

Being You is about being comfortable with who you are. Everyone has different talents, interests and dreams and it's important to remember that we are all unique. Exploring your own interests can help you develop a sense of identity, which is essential to building on your confidence.

Our tips for 'being you':

- 1) **Do something you love.** Make sure, at least once a day, you have some time set aside to do something you love. Whether that's reading, drawing, listening to music or playing sports, it's important to do things for yourself to improve your wellbeing.
- 2) **Take time away from social media if you need to.** Try to keep your social media account a positive space that celebrates everyone's differences! If you need to take a step back from social media at times, that is okay.
- 3) **Embrace what you enjoy and follow your interests.** Listen to the music you love and watch the TV shows and Films you love, even if your friends like to watch different things.
- 4) **Positive Self-Talk.** It is normal to talk to ourselves in a negative way at times, instead, try to recognise and believe in your strengths and your abilities. Saying and doing kind things for yourself is an important part of 'being you'.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

BISCUITS

Drinks

**PaFoS
Tuck Shop
THURSDAYS
after school
in the
conservatory**

All items are priced

2 for 50p

50p

£1

Cash and card machine
available

Sweets

Crisps



Information Sessions for Warwickshire Parents and Carers

Courses available online – via Zoom

Understanding and Supporting Children and Young People with Emotionally Based School Avoidance

Thursday 26th September 2024, 9:30 am to 11:30 am

Understanding Emotion Regulation in School Aged Children

Thursday 10th October 2024, 9:30 am to 11:30 am

Understanding and Supporting Children aged 3-11 Years with Anxiety

Thursday 24th October 2024, 9:30 am to 11:30 am

Understanding and Supporting Children Aged 12+ Years Anxiety

Thursday 7th November 2024, 9:30 am to 11:30 am

Understanding and Supporting School Aged Children Who Self-harm

Thursday 21st November 2024, 9:30 am to 11:30 am

Understanding Sensory Needs in School Aged Children

Thursday 5th December 2024, 9:30 am to 11:30 am

Understanding Low Mood in Children and Young People

Thursday 9th January 2025, 9:30 am to 11:30 am

Understanding Self-esteem in Children and Young People

Thursday 10th April 2025, 9:30 am to 11:30 am

Places on our sessions are subject to availability. To book your place please email risecommunityoffer@covwarkpt.nhs.uk

Please note: the sessions are available for Warwickshire residents only.