

# St Matthew's Bloxam C of E Primary School

"Let Your  
Light Shine"

## NEWSLETTER

Friday 26th June 2026 Issue 36

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### YEAR 4

Year 4 enjoyed the start of the heatwave on Monday with a trip to Blackwell to take part in kayaking and paddle boarding. The weather was perfect and the whole day was amazing from start to finish. It was great to see some overcome fears and push themselves and others excel in something they'd never tried before. Throughout the day, we managed to avoid the geese if not their poo! Everyone represented the school impeccably and worked together on the paddles boards the help each other back onto the boards and complete various tasks – even if they pushed them back off again straight away! They encouraged and helped each other on the kayaks and, by the end, we weren't spinning around quite as much. The main disappointment of the day was that we weren't staying for longer. Even on the long coach journey home sat in traffic they slept, chatted and played without a single moan or groan. It was a great end to two great years teaching them all. There are more photos on our class page on the school website if you would like to see them.

Mr Mabey



### Diary Dates

Monday 29th June

Year 3 Swimming

PaFoS Summer Fayre –  
3:15pm

\*\*\*\*\*

Tuesday 30th June

Nursery & Reception Sports  
Day - AM

Years 1-6 Sports Day –PM

\*\*\*\*\*

Thursday 2nd July

Reception New Parents and  
Children Stay & Play –  
1:30pm-2:30pm

Years 1 - 4 Afterschool  
Science Club 3:15pm-  
4:15pm

Years 1 -3 Afterschool  
Games Club 3:20pm-  
4:20pm

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Friday 3rd July

Year 3 celebration  
assembly

9am—parents/carers  
welcome





## ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **92.2%**

**This is below the target set by Warwickshire Admissions Service.**

School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a  
**specific reason** and

**not 'unwell'** as we need to state a reason in the attendance records.

**Please can medical appointments be made for after school.**

**We also require proof of appointments that are made during school time.**

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too>

[-ill-for-school/https://www.pharmacy2u.co.uk/](https://www.pharmacy2u.co.uk/)

## **POLITE REMINDER**

We kindly remind all parents and carers to park **safely and respectfully** when dropping off and collecting children.

Please avoid blocking driveways, stopping on yellow lines, private land or parking in ways that reduce visibility for pedestrians and other drivers.

Your cooperation helps keep our pupils safe and maintains positive relationships with our neighbours.

Thank you for supporting our school community.

## **This week's Family Information Service Newsletter - Tuesday 23rd June 2026**

The Family Information Service (FIS) provides free, impartial advice on a variety of services and useful information.

They produce a weekly newsletter.

Please use link below to access the newsletter.

[https://mailchi.mp/warwickshire/family-information-service-newsletter-1219204-96fqcdqqps-8833460?e=\[UNIQID\]](https://mailchi.mp/warwickshire/family-information-service-newsletter-1219204-96fqcdqqps-8833460?e=[UNIQID])

COME JOIN OUR

# SUMMER FAYRE

**MONDAY 29TH JUNE 2026**

**FREE ENTRY**  
**3:15 - 5:15PM**

**GAMES OLD AND NEW | RAFFLE**  
**PIZZA | REFRESHMENTS | ICEPOPS**  
**AND MORE**

**ST MATTHEWS BLOXAM**

WEBB ELLIS ROAD, RUGBY

SECRETARY - PAFOS@LIVE.CO.UK

**We are so excited to be having  
these join us on Monday at our  
Summer Fayre**



**Just a few notes:  
To be able to have a ride, parents  
must sign a waiver  
Also ankles need to be covered for  
protection, and no open toed  
shoes or sandals to be worn.**

June  
30th

ST MATTHEWS BLOXAM PRIMARY

N&R 9:30  
KS1&2 1:30

# Sports Day



PAFOS WILL HOLD THE FOLLOWING STALLS  
DURING SPORTS DAY AND AFTER SCHOOL:  
- HOT/COLD DRINKS AND ICE POPS  
- PRE-LOVED UNIFORM. JUST £1 PER ITEM

CASH AND CARD ACCEPTED





# VOLUNTEERS WANTED

Your School PTA Needs You





Meals that matter  
for families in our community

**Please book your place by 17th July**

**Summer Make Lunch sessions  
will be taking place at:**

**St. Matthew's Bloxam C of E Primary School  
Webb Ellis Rd, Rugby CV22 7AU**

Our theme this year is:

**Activities and Food from around the world**

**Every Tuesday and Thursday between  
28 July to 20 of August  
from 12 -2p.m.**

Please use the link below or  
the QR code to book your place

<https://www.smartsurvey.co.uk/t/0MYJO7/>



**Bookings will close on 17th July**

**HAF** codes are needed for those having free school meals

If you have any queries please email:

[makelunchrugby@gmail.com](mailto:makelunchrugby@gmail.com)

Make Lunch Rugby runs all inclusive sessions to support families who miss their free school meals in school holidays and other families who may be at risk of being hungry in the school holidays.





## Mental Health in Schools Team Tips For Wellness



### Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

## Sleep

Our bodies need sleep and rest to help us function every day. When we are sleeping, it gives our brain and body time to repair and regenerate, re-energise and improve our motivation. We also need sleep to be able to process information, problem solve, learn new things and concentrate (you might notice you find it particularly difficult to focus at school after a bad night's sleep!) Sleep also benefits our mental wellbeing, by helping us to regulate our emotions and mood.

It is important to find time for our brain to completely 'switch off' and rest, to take some time out of our busy day to stop, take a break and do something that promotes our wellbeing!

### Our tips for improving sleep:

1. **Maintain a regular sleep schedule** – this includes going to bed around the same time every night, as well as waking up at a similar time every morning (even on weekends!) Sleeping in later than normal can disrupt the body's circadian rhythm, which can lead to more tiredness.
2. **Create a calming environment** - dim the lights an hour before bed. Keep the room dark, if possible, try using an eye mask or black out blinds. A cool bedroom and slight drop in body temperature can help us to go to sleep.
3. **Reduce electronics** – using electrical devices before bedtime is one of the main reasons we have sleep difficulties. The light exposure on the screens can trick our brain into thinking it is still daytime, which stops our body from being able to wind down and feel tired! Turn devices on night mode or leave outside your bedroom to limit temptation.
4. **Minimise daytime naps** – napping during the day can make it harder to fall asleep at night, they also break up sleep (which means lower quality sleep and fewer benefits).
5. **Complete homework after school** – getting stuck into homework tasks before bed can delay tiredness, as our brains are busy trying to concentrate! Try to do activities that relax you before bed, to help you switch off from schoolwork.
6. **Spend time relaxing** – you may want to have a shower or run a warm bath, listen to calming music, read a book, journal or keep a diary from the day, stretch, meditate, or spend time with a pet.
7. Scan the QR code for more helpful information and **sleep tips!**



In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

# **PaFos Tuck Shop**

**EVERY OTHER THURSDAY  
EVERYTHING PRICED 50P OR £1**

**YOU CAN FIND US IN THE  
CONSERVATORY OR ON THE PLAYGROUND**

**CASH OR CARD ACCEPTED**

# Turn your daily shopping into everyday magic for us with easyfundraising

You shop, brands donate to us. It won't cost you any extra!



 easyfundraising

Help us make a difference when you shop.  
Visit [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)



- 1 Visit [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)
- 2 Sign up and search for us
- 3 Your favourite brands donate to us whenever you shop with them

Shop with 8,000+ brands including:

Booking.com

ebay

M&S

GROUPON



TUI

JOHN  
LEWIS



Viking

ASOS



Uber Eats

Did you know you can raise FREE donations for Parents and Friends of St Matthew's Bloxam School - Rugby EVERY time you shop online. Just use easyfundraising! Over 8,000 brands will donate, including all the big names like eBay, John Lewis & Partners, Argos, ASOS, Expedia, M&S, Just Eat, Uswitch and many more! It costs you NOTHING!

Visit: [https://www.easyfundraising.org.uk/causes/stmatthewsbloxam/?utm\\_source=whatsapp&utm\\_medium=social&utm\\_campaign=pmc&utm\\_content=wa-1](https://www.easyfundraising.org.uk/causes/stmatthewsbloxam/?utm_source=whatsapp&utm_medium=social&utm_campaign=pmc&utm_content=wa-1)

Please do take a look at the website/app and share with friends and family. The more supporters we have, the more we can provide to enhance the experience for all children at SMB.

**ARE YOU ON OUR**

# **SMB Class WhatsApp**



Keep up to date on class  
information, important dates  
and other school messages  
to join speak to Laura or  
email

[secretary-pafos@live.co.uk](mailto:secretary-pafos@live.co.uk)

**IF YOUR CHILD IS  
FEELING UNDER  
THE WEATHER,**

**IT CAN BE HARD  
TO KNOW IF YOU  
SHOULD SEND  
THEM TO SCHOOL  
OR NOT.**



**UNLESS THEY HAVE A  
TEMPERATURE OF  
38 DEGREES OR ABOVE,  
THEY'RE USUALLY  
GOOD TO GO.**



**SEARCH NHS SCHOOL  
ILLNESS GUIDANCE.**

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**



HM Government



# School Attendance

*Every day counts...*



## Good attendance helps with...



### Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



### Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



### Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



### Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



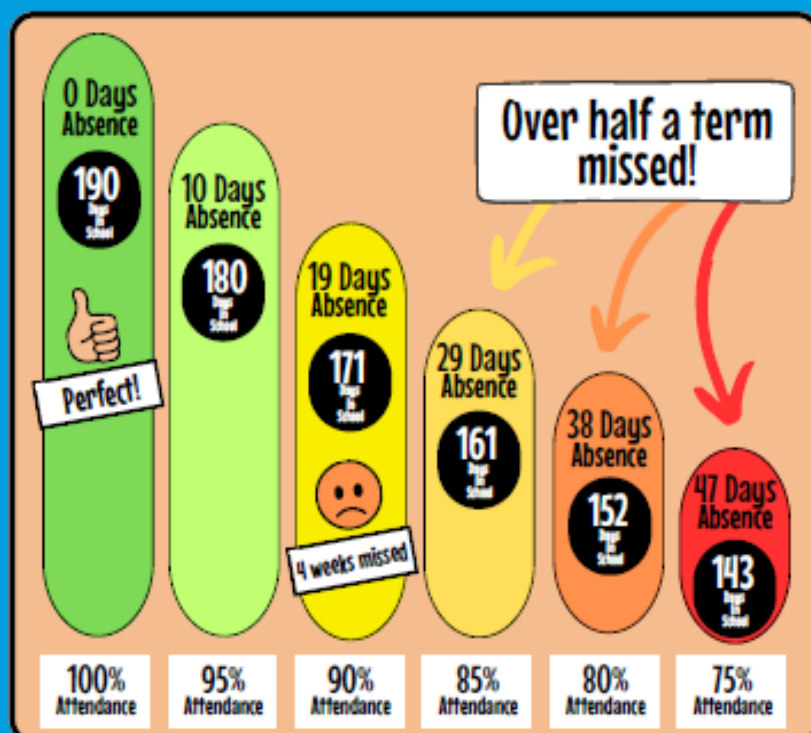
### Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



### Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education

