

St Matthew's Bloxam C of E Primary School

**"Let Your
Light Shine"**

NEWSLETTER

Friday 20th June 2025 Issue 35

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YEAR 6 RESIDENTIAL



What a fantastic time we had at residential! The year 6's all challenged themselves to try new things and should be so proud for taking part in the activities. We had some very brave year 6's tackling the high ropes courses and zip lining - even encouraging the adults to take part with them! We also enjoyed other experiences such as campfires (singing songs and toasting marshmallows!) and laser tag in the rain.

Thank you to PaFoS for helping fund the residential.

Mrs Scott

Diary Dates

Monday 23rd June

Year 3 Swimming

Year 2 Big Dance & Year
6 Big Sing at Rugby
School

PaFoS Summer Fayre -
3:15pm

Tuesday 24th June

Non Competitive sports
day (no parents)

After School Games Club
Years 1-6
3:20pm-4:20pm

Wednesday 25th June

Reception & Year 1 trip
to West Lodge Farm

Thursday 26th June

Year 3, 4, 5 & 6 Rugby
School trip

After School Dance Club
Year 1-6
3:15pm - 4:15pm

Friday 27th June

Year 1 celebration
assembly 9am—parents/
carers welcome

The Lighthouse trip to
The Sea Life Centre

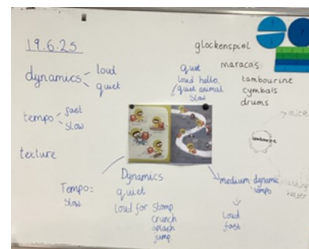
YEAR 6 RESIDENTIAL



MUSIC DAY

We are thrilled to share that our Music Day 2025 was a joyous occasion for the entire school! On this special day, our talented Children showcased a remarkable piece of music inspired by their favourite books. Each class has collaborated to create unique compositions, extraordinarily blending creativity and literature. The children performed this fusion of music and storytelling, which was an inspiring experience filled with rhythm and imagination during assembly.

Mrs Whitell



This week's Family Information Service Newsletter - Tuesday 10th June 2025

The Family Information Service (FIS) provides free, impartial advice on a variety of services and useful information. They produce a weekly newsletter. Please use link below to access the newsletter.

<https://mailchi.mp/warwickshire/family-information-service-newsletter-1219204-96fqcdqqps-8829300?e=04fcebfe0>

SCHOOL UNIFORM

Various supermarkets currently have 20% off school uniform.

Our school uniform is:

Green polo shirt, blue jumper, cardigan, black school shoes or full black trainers (no other colours).

P.E uniform is:

White t-shirt, black shorts, optional blue P.E hoodie and non colourful trainers.

NON COMPETITIVE SPORTS DAY

Non-competitive sports day– Tuesday 24th June (no parents). The children take part in a variety of sporting activities. The children are welcome to wear their 'house' colours e.g. red t-shirt or wear red ribbons in their hair or simply wear their school PE kits.

ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **94.9%**



This is below the target set by Warwickshire Admissions Service.

School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a **specific reason** and **not 'unwell'** as we need to state a reason in the attendance records.

Please can medical appointments be made for after school.

We also require proof of appointments that are made during school time.

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

<https://www.pharmacy2u.co.uk/>

COME JOIN OUR

SUMMER FAYRE

MONDAY 23RD JUNE 2025

FREE ENTRY
3:15 - 5:15PM

NEW GAMES | RAFFLE | SUMMO
HOTDOGS | REFRESHMENTS | CAKE
BOUNCY CASTLE | DEMONSTRATIONS

ST MATTHEWS BLOXAM

WEBB ELLIS ROAD, RUGBY

S E C R E T A R Y - P A F O S @ L I V E . C O . U K



PaFoS your school PTA

VOLUNTEERS

WE NEED YOU

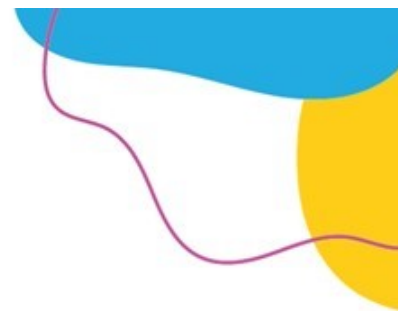
MONDAY 23RD JUNE

Can you help set up or run a stall at our summer fayre?
Contact Laura if your able to help in anyway even if its only for a short time.
Thank you!!





Mental Health in Schools Team Tips For Wellness



Talking

We can't always see when people are struggling, and people may not be able to see when we are struggling. We need to ask people how they are feeling, and we need to let them know how we are feeling so we can help each other.

There are people we can talk to if we are struggling; whether that be someone in our life already, such as a family member, a friend, or staff in school or college, or someone such as a mental health professional. Always try and speak to someone who you trust and someone who you feel will be able to help you.

There is no shame in wanting to speak with someone about your feelings, we all need to do it sometimes, it is an action of bravery!

Our Top Tips For Talking

1. If you want to speak to someone but are struggling to, try writing your thoughts and feelings down or drawing a picture to show how you are feeling and giving this to someone you trust instead.
2. You can also agree to have a 'safe word' to use with someone too, which signals that you have something you would like to talk about. For example, you may agree with a family member or teacher that you will say 'bananas!' when you need a private chat. Make sure you say it so that they hear and notice it.
3. Draw your handprint and on each finger, write someone's name who you could speak to if you needed to talk about something.
4. Try and write down a list of ways you could support someone if they were talking to you about worries or sad feelings they were having.
5. Remember, you are never a burden for asking for support...there is always someone who will want to help.

**Scan the QR codes for more
information about who you can talk to:**



Mind

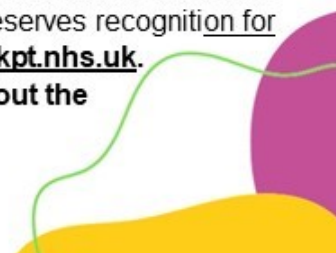


Young Minds

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate! thankskids@covwarkpt.nhs.uk.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



BISCUITS

Drinks

**PaFoS
Tuck Shop
THURSDAYS
after school
in the
conservatory**

All items are priced

2 for 50p

50p

£1

Cash and card machine
available

Sweets

Crisps

A treasure chest with a red lid and gold trim is open, revealing gold coins inside. The background is a collage of gold coins.

FREE EVENT!
**A three-day adventure
for children aged 4-11**

The title 'Treasure Seekers' is written in a large, stylized font. 'Treasure' is in a dark brown color, and 'Seekers' is in a lighter brown color. A dashed line with a small airplane icon at the end curves around the word 'Seekers'. A magnifying glass with a blue lens and a yellow handle is positioned to the right of the title. A gold coin with a compass rose design is positioned below the word 'Treasure'.

Treasure Seekers

20 - 22 August 2025

10.00am drop off to 12:30pm collection each day
Rugby Baptist Church, Regent Place, CV21 2PJ

A large pile of gold coins is shown at the bottom of the poster, with a torn paper effect separating it from the rest of the design.

Can you find the hidden treasure?

BOOKING ESSENTIAL AT
WWW.RUGBYBAPTIST.ORG.UK

NO CHARGE AS THIS EVENT IS FULLY FUNDED BY
RUGBY BAPTIST CHURCH

Eat Well, move *More*



Swap sugary drinks for water or milk.



Check portion sizes and give children **smaller** plates.



Make exercise fun with **active games**.



Walk, cycle or scoot for short journeys.



For help to stay healthy go to:
www.warwickshire.gov.uk/eatwellmovemore



WhatsApp

A Guide for Parents & Carers

Age Rating
13+

WhatsApp is a free messenger app. It uses the internet to send messages, images, documents, audio or video. The app offers end-to-end encryption, which means that all messages can only be read by the sender and the recipient.

Privacy



Show your child how to **adjust their privacy settings**, such as hiding their profile photo, last seen status and about info. Set them to either of the following:

My Contacts: available to contacts from their address book only
Nobody: not available to anyone

Talk to them about not sharing their personal details online.

Messaging



Encourage your child to think about these things before they message:

- Is it kind?
- Is it true?
- Would your parents/guardians approve?
- Would you say it to their face?
- Have you asked permission to post photos?
- Have you used your online manners?
- You don't have to join in!

Contacts



Make your child understands that they should **only connect with friends, family, or trusted individuals**.

Teach them not to accept messages from **unknown contacts**.

Go over with your child how to **add, block and report** contacts.

Group Chats



If a child is added into a **Group Chat**, it may include people they don't know. This can put them at risk of being contacted by a stranger.

Go to **Settings -> Privacy -> Groups**. Select specific contacts that can add your child into groups.

Encourage your child to only join a group with people they **know and trust**.

Location



WhatsApp allows users to share their **location** with others.

If this feature is enabled, it could potentially let others **track** your child's location or discover their home address.

Speak to your child about keeping this feature **disabled**.

Check



Check in with your child regularly to **review their phone settings**.

Have an open dialogue about their WhatsApp usage and **how often** they are using the messaging app.

Encourage them to share what they're experiencing and periodically check that they are **staying safe and happy** online.



Encourage your child to come to you if **ANYTHING** online makes them feel uncomfortable, upset or worried.

Age Restrictions for Social Media Platforms

13

is the minimum age for account holders on these social media sites and apps.



X (formerly Twitter)



Facebook



Instagram



Pinterest



Messenger



TikTok



Discord



Snapchat



Twitch



Yubo



Reddit



YouTube



BeReal



WhatsApp



Disclaimer: This resource/information is not intended to encourage social media use and we cannot accept any responsibility for pupils that sign up to social media sites after using this resource/information. Please note that age restrictions for social media platforms may vary depending on the laws and regulations in your location.

For further information, visit:

<https://www.booktrust.org.uk/books-and-reading/tips-and-advice/reading-tips/>

TOP TIPS TO HELP PARENTS READ WITH THEIR CHILDREN

- Ask your child to choose what they'd like to read. They'll feel more interested in the story if they've picked it out themselves. (And don't worry if they keep returning to the same story, either!)
- If you can, turn off the TV, radio and computer. It's easier for both of you to enjoy the story without any other distractions.
- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. Maybe there's something funny in the pictures that you can giggle about together, or perhaps your child enjoys guessing what will happen next.
- Ask questions and talk about the book. Picture books can be a great way to talk through your child's fears and worries, or to help them deal with their emotions. Give them space to talk, and ask how they feel about the situations in the story.
- Have fun! There's no right or wrong way to share a story – as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

WAYS FOR PARENTS TO ENCOURAGE A LOVE OF READING

- Read yourself! It doesn't matter what it is – pick up a newspaper or magazine, take a look at a cookery book, read a computer manual, enjoy some poetry or dive into a romance or detective novel. And get your children to join in – if you're cooking, could they read the recipe? If you're watching TV, can they read out the listings?
- Give books as presents. And encourage your children and their friends to swap books with each other – it'll give them a chance to read new stories, and get them all talking about what they're reading.
- Visit the local library together. It's always fun choosing new books to read, and keep an eye out for special author events at the library or local bookshops – children love meeting their favourite authors. Jacqueline Wilson and Anthony Horowitz always have signing queues that are miles long!
- Encourage children to carry a book at all times. That way, they'll never be bored (this is something you can do, too!)
- Have a family bookshelf. If you can, have bookshelves in your children's bedrooms, too.
- Keep reading together. Just because your children are older, it doesn't mean you have to stop sharing stories – perhaps you could try the Harry Potter series or *A Series of Unfortunate Events*.
- Don't panic if your child reads the same book over and over again. Let's be honest - we've all done it!

School Attendance

Every day counts...



Good attendance helps with...



Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



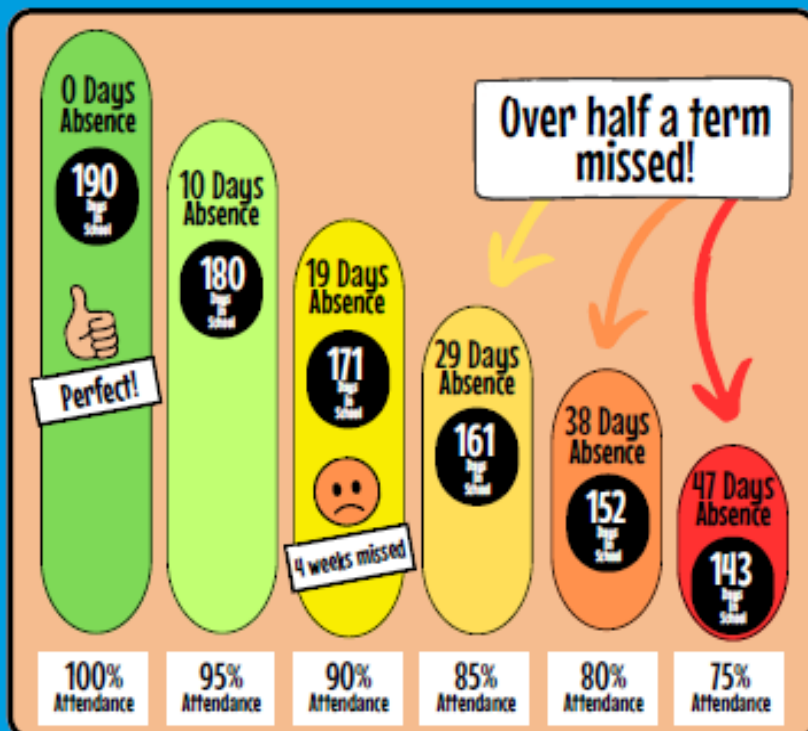
Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education





**"THIS MORNING,
HE HAD A RUNNY
NOSE... BUT LOOK
AT HIM NOW!"**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government

Head to the NHS website to find out more.

