

St Matthew's Bloxam C of E Primary School

**"Let Your
Light Shine"**

NEWSLETTER

Friday 27th June 2025 Issue 36

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NON COMPETITIVE SPORTS DAY

On Tuesday, the children had the opportunity to take part in lots of different sporting activities. They worked in their different house groups and moved around the school having fun!



Diary Dates

Monday 30th June

Year 3 Swimming

Tuesday 1st July

EYFS Sports Day 9:30am

Yr1-6 Sports Day 1:30pm

After School Games Club
Years 1-6

3:20pm-4:20pm

Wednesday 2nd July

New classes all morning

Year 6 transition day to
Secondary School

Thursday 3rd July

After School Dance Club
Year 1-6

3:15pm - 4:15pm

Friday 4th July

Reception class
assembly 9am—parents/
carers welcome

Year 6 out at Methodist
Church – AM

The school has strong links with St Oswald's Church. Further details are available from www.smsso.org.uk

Reception & Year 1

Reception & Year 1 had a lovely day at West Lodge farm. They played in the park, cuddled some guinea pigs, walked around the farm, fed the lambs, had a tractor ride and watched the piggies racing.



July
1st

ST MATTHEWS BLOXAM PRIMARY

N&R 9:30
KS1&2 1:30

Sports
Day

PAFOS WILL HOLD THE FOLLOWING STALLS
DURING SPORTS DAY AND AFTER SCHOOL:
- HOT/COLD DRINKS AND ICE POPS
- PRE-LOVED UNIFORM. JUST £1 PER ITEM
- 20P POCKET MONEY STALL

CASH AND CARD ACCEPTED

This week's Family Information Service Newsletter - Tuesday 24th June 2025

The Family Information Service (FIS) provides free, impartial advice on a variety of services and useful information. They produce a weekly newsletter. Please use link below to access the newsletter.

<https://mailchi.mp/warwickshire/family-information-service-newsletter-1219204-96fqcdqqps-8829500?e=04fcebfe0>

Connect for Health Monthly Newsletter

<https://compass-uk.org/wp-content/uploads/2025/06/C4H-Parent-and-Schools-Newsletter-June-2025.-Compressed.pdf>

Transition day for Year 6

On Wednesday 2nd July Year 6 class will need to attend their respective secondary schools.

Year 6 pupils **DO NOT ATTEND** St Matthew's Bloxam on this day.

Please note that pupils who will be attending **Avon Valley & Bilton** secondary school will need to attend these schools on Wednesday 2nd July & Thursday 3rd July.

Thank you

ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **95.6%**



School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a **specific reason** and **not 'unwell'** as we need to state a reason in the attendance records.

Please can medical appointments be made for after school.

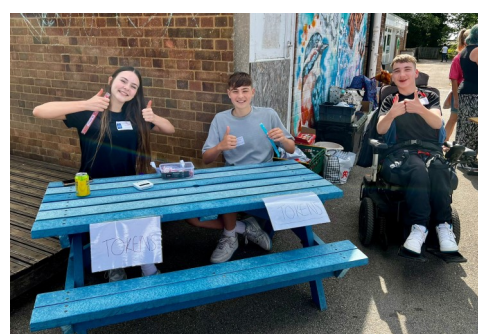
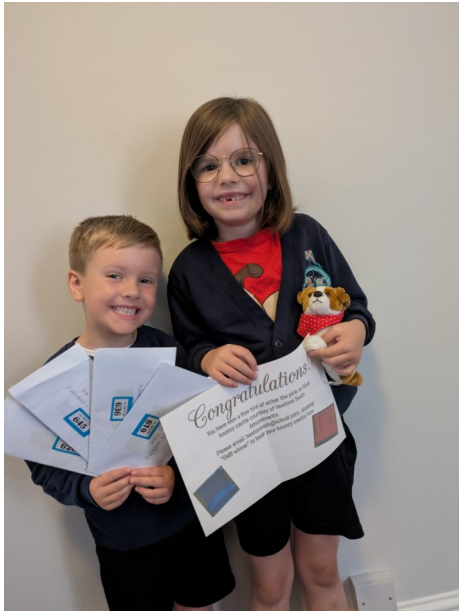
We also require proof of appointments that are made during school time.

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

<https://www.pharmacy2u.co.uk/>

SUMMER FAYRE



The background of the poster is a vibrant blue sky filled with white clouds. It is decorated with numerous colorful balloons in shades of red, yellow, green, and blue. Strands of triangular bunting flags in red, yellow, and blue are draped across the top. Red and yellow streamers are scattered throughout the scene, adding to the festive atmosphere.

SMB Summer Fayre 2025

**We made an
incredible £971.50!!!**

A massive thank you to
G Force martial arts and Roar! Cheer &
Dance for attending.

To all our wonderful parents, carers,
grandparents, friends and children, a big
thank you for your support. We hope you
had an amazing time!

From PaFoS



A BIG
THANK
YOU!

TO ALL THE STAFF AND
VOLUNTEERS WHO HELPED WITH
THE SUMMER FAYRE IT IS SO
VERY MUCH

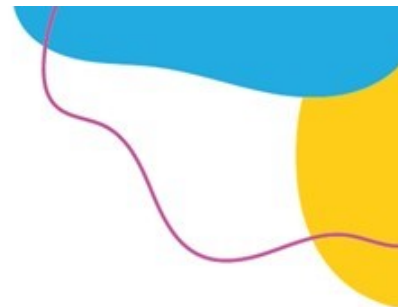
APPRECIATED
FROM PAFOS

Thank you to the companies who donated a prize towards our raffle

Onside Coaching MF Martial Arts Sweets Art School
Hillmorton Manor Beatbox Music Tuition
Blossom Cottage Old Smithy Art and Craft Workshop
Benn Hall Joseph Morris Bacco Lounge
Little Glow Leam Boat Centre Flutterbys
Pop Up Play Village Bell Inn Hillmorton
BumbleBea Bears Earl Street Nutrition Dr Noodle
Tuition In A Box Impact Dance Delta Force Paintball
Ella Enchantments VixPix Photography
DermaNu Hestons Such Amusements Bootycamp
AisteGab Photography Rugby Trampolining L.A.C.S.D
Diamond Den Kits Academy
Stage Coach Performing ASH Stage Productions
Copper Tree Satchmos Computer Xplorers
Protyre Rugby Gymophibics Ladies AJ Property



Mental Health in Schools Team Tips For Wellness



Get Outdoors

Spending time outdoors is great for your body and mind! It can improve your mood, reduce feelings of stress, improve your confidence, helps you to be more active and can reduce loneliness.

How to get outside more:

1. Take a Nature Walk

Find a park, trail, or even your garden and take a walk. Look around for birds, trees, and flowers that you can spot. You could try taking photographs and share them with a friend.

2. Play a Sport or Game

Whether it's football, netball or running, outdoor sports are a great way to get moving. They also help us develop our communication skills when we play as part of a team!

3. Do a Scavenger Hunt

Make a list of things to find outside—like a particular leaf or a butterfly—and go on a hunt to find them!

4. Bring Your Hobby Outside

Do you like drawing, reading, or listening to music? Try doing it outside! Find a comfy spot on the grass and enjoy your favourite activities in the fresh air.

5. Have a snack outside

Try taking a snack outside and eating it while focusing on the food and what is going on around you.

6. Watch the Stars

On a clear night, lie on a blanket and look up at the stars. You might even see a shooting star or spot constellations.

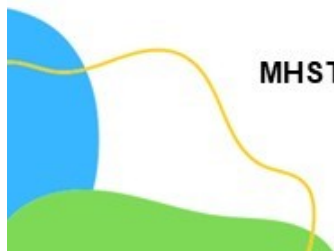
7. Meet up with a friend outside

It can be helpful to get outdoors every day, even if only for a short time. You could try walking to a friend's house or to the shop instead of travelling by car or getting public transport. You could try to make getting outside part of your daily routine, whether it is riding a bike or sitting in a garden or park while you listen to music.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.





Warwickshire Family and Relationship Support

**2-hour FREE workshops for parents/carers at:
Overslade Community centre, Buchanan Road,
Rugby, CV22 6AZ**

17th June - Understanding Children's Behaviour

24th June - Boundaries and Rules

30th June - Sleep and Routines

8th July - Understanding Your Teenager

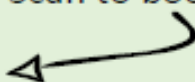
Children are rewarding, stimulating and fun, but looking after them can sometimes be stressful and challenging.

These Workshops will enable parents to meet other parents, to share own experiences in a safe space and to find out about the topics covered. You will also learn about the Parenting offer in Warwickshire County Council and other support that is available to families.

Any questions email: parenttrainers@warwickshire.gov.uk



Scan to book your place:



BISCUITS

Drinks

**PaFoS
Tuck Shop
THURSDAYS
after school
in the
conservatory**

All items are priced

2 for 50p

50p

£1

Cash and card machine
available

Sweets

Crisps



FREE EVENT!
**A three-day adventure
for children aged 4-11**

Treasure Seekers

20 - 22 August 2025

10.00am drop off to 12:30pm collection each day
Rugby Baptist Church, Regent Place, CV21 2PJ

Can you find the hidden treasure?

**BOOKING ESSENTIAL AT
WWW.RUGBYBAPTIST.ORG.UK**

**NO CHARGE AS THIS EVENT IS FULLY FUNDED BY
RUGBY BAPTIST CHURCH**

Eat Well, move *More*



Swap sugary drinks for water or milk.



Check portion sizes and give children **smaller** plates.



Make exercise fun with **active games**.



Walk, cycle or scoot for short journeys.



Warwickshire
County Council

For help to stay healthy go to:
www.warwickshire.gov.uk/eatwellmovemore



WhatsApp

A Guide for Parents & Carers

Age Rating
13+

WhatsApp is a free messenger app. It uses the internet to send messages, images, documents, audio or video. The app offers end-to-end encryption, which means that all messages can only be read by the sender and the recipient.

Privacy



Show your child how to **adjust their privacy settings**, such as hiding their profile photo, last seen status and about info. Set them to either of the following:

My Contacts: available to contacts from their address book only
Nobody: not available to anyone

Talk to them about not sharing their personal details online.

Messaging



Encourage your child to think about these things before they message:

- Is it kind?
- Is it true?
- Would your parents/guardians approve?
- Would you say it to their face?
- Have you asked permission to post photos?
- Have you used your online manners?
- You don't have to join in!

Contacts



Make your child understands that they should **only connect with friends, family, or trusted individuals**.

Teach them not to accept messages from **unknown contacts**.

Go over with your child how to **add, block and report** contacts.

Group Chats



If a child is added into a **Group Chat**, it may include people they don't know. This can put them at risk of being contacted by a stranger.

Go to **Settings -> Privacy -> Groups**. Select specific contacts that can add your child into groups.

Encourage your child to only join a group with people they **know and trust**.

Location



WhatsApp allows users to share their **location** with others.

If this feature is enabled, it could potentially let others **track** your child's location or discover their home address.

Speak to your child about keeping this feature **disabled**.

Check



Check in with your child regularly to **review their phone settings**.

Have an open dialogue about their WhatsApp usage and **how often** they are using the messaging app.

Encourage them to share what they're experiencing and periodically check that they are **staying safe and happy** online.



Encourage your child to come to you if **ANYTHING** online makes them feel uncomfortable, upset or worried.

Age Restrictions for Social Media Platforms

13

is the minimum age for account holders on these social media sites and apps.



X (formerly Twitter)



Facebook



Instagram



Pinterest



Messenger



TikTok



Discord



Snapchat



Twitch



Yubo



Reddit



YouTube



BeReal



WhatsApp



Disclaimer: This resource/information is not intended to encourage social media use and we cannot accept any responsibility for pupils that sign up to social media sites after using this resource/information. Please note that age restrictions for social media platforms may vary depending on the laws and regulations in your location.

For further information, visit:

<https://www.booktrust.org.uk/books-and-reading/tips-and-advice/reading-tips/>

TOP TIPS TO HELP PARENTS READ WITH THEIR CHILDREN

- Ask your child to choose what they'd like to read. They'll feel more interested in the story if they've picked it out themselves. (And don't worry if they keep returning to the same story, either!)
- If you can, turn off the TV, radio and computer. It's easier for both of you to enjoy the story without any other distractions.
- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. Maybe there's something funny in the pictures that you can giggle about together, or perhaps your child enjoys guessing what will happen next.
- Ask questions and talk about the book. Picture books can be a great way to talk through your child's fears and worries, or to help them deal with their emotions. Give them space to talk, and ask how they feel about the situations in the story.
- Have fun! There's no right or wrong way to share a story – as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

WAYS FOR PARENTS TO ENCOURAGE A LOVE OF READING

- Read yourself! It doesn't matter what it is – pick up a newspaper or magazine, take a look at a cookery book, read a computer manual, enjoy some poetry or dive into a romance or detective novel. And get your children to join in – if you're cooking, could they read the recipe? If you're watching TV, can they read out the listings?
- Give books as presents. And encourage your children and their friends to swap books with each other – it'll give them a chance to read new stories, and get them all talking about what they're reading.
- Visit the local library together. It's always fun choosing new books to read, and keep an eye out for special author events at the library or local bookshops – children love meeting their favourite authors. Jacqueline Wilson and Anthony Horowitz always have signing queues that are miles long!
- Encourage children to carry a book at all times. That way, they'll never be bored (this is something you can do, too!)
- Have a family bookshelf. If you can, have bookshelves in your children's bedrooms, too.
- Keep reading together. Just because your children are older, it doesn't mean you have to stop sharing stories – perhaps you could try the Harry Potter series or *A Series of Unfortunate Events*.
- Don't panic if your child reads the same book over and over again. Let's be honest - we've all done it!

School Attendance

Every day counts...



Good attendance helps with...



Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



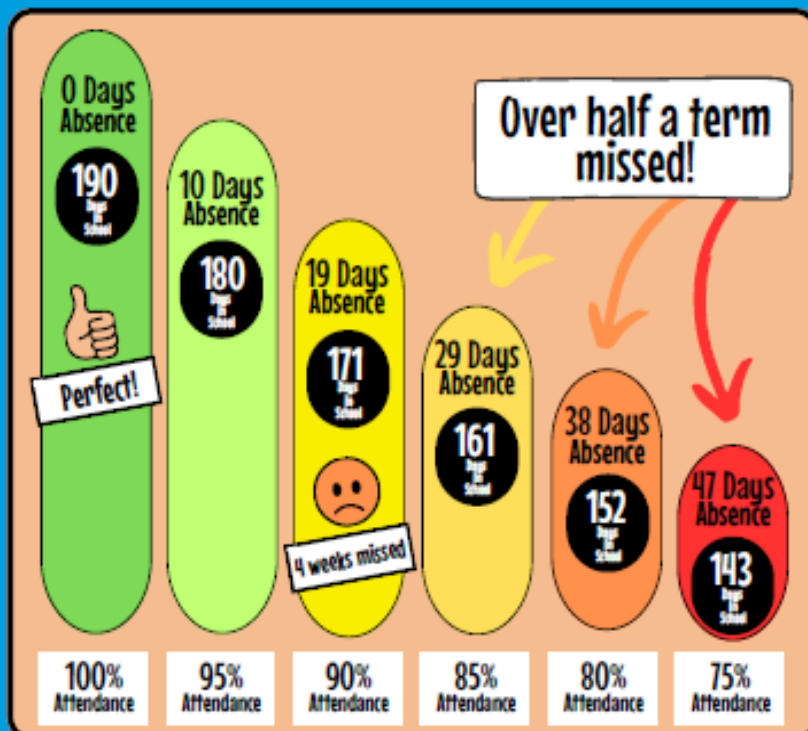
Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education





**"THIS MORNING,
HE HAD A RUNNY
NOSE... BUT LOOK
AT HIM NOW!"**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government

Head to the NHS website to find out more.

