

St Matthew's Bloxam C of E Primary School

"Let Your
Light Shine"

NEWSLETTER

Friday 11th July 2025 Issue 38

Telephone/Fax: 01788 542610
e-mail: admin3213@welearn365.com
Website: www.st-matthewsbloxam.co.uk



YEAR 5 & 6 SHOW

Treachery at Traitors Quay!

We were so proud of year 5 and 6's performances of Treachery at Traitors Quay this week. They spoke so clearly and acted beautifully. They worked hard over the last 6 weeks to learn their lines, learn song lyrics, and dance moves. Thank you to parents/carers for your support with costumes; they were absolutely fantastic! If anyone would now like to donate their costumes, these would be much appreciated!

Miss Blackaby, Mrs Scott & the Year 5/6 Team



Diary Dates

Monday 14th July

Year 3 Swimming

Tuesday 15th July

After School Games Club
Years 1-6

3:20pm-4:20pm

Wednesday 16th July

Rocksteady Concert –
2pm

(Parents/carers of
Rocksteady children only)

Thursday 17th July

SMB has Got Talent –
1:30pm

(Parents/carers of the
finalists in the talent
show only)

TIME

After School Dance Club
Year 1-6

3:15pm - 4:15pm

Friday 18th July

Year 6 Leavers' assembly
9am Parents/carers
welcome

School closes for the
summer break

This week's Family Information Service Newsletter - Tuesday 2nd July 2025

The Family Information Service (FIS) provides free, impartial advice on a variety of services and useful information. They produce a weekly newsletter. Please use link below to access the newsletter.

<https://mailchi.mp/warwickshire/family-information-service-newsletter-1219204-96fqcdqqps-8829576?e=04fcebfe0>



YEAR 6 LEAVERS' ASSEMBLY

The Year 6 Leavers' celebration assembly is on Friday 18th July at 9am.

We look forward to seeing our year 6 parents/carers at the celebration.

SCHOOL COUNCIL

The school council have worked very hard raising money for our new outdoor play equipment and new books for the classroom reading areas! This week, our new play equipment was installed! Thank you very much to everyone in the school council and for all your donations and sponsorship money over the year.



ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **94.9%**

This is below the target set by Warwickshire Admissions Service.

School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a **specific reason** and **not 'unwell'** as we need to state a reason in the attendance records.

Please can medical appointments be made for after school.

We also require proof of appointments that are made during school time.

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

<https://www.pharmacy2u.co.uk/>





PAFOS AGM MEETING

Wednesday 16th July 7pm

A round up of this years events and a chance to have your say and share ideas for next year.

Please message chairsmb@gmail.com if you would like to attend and we'll reply with the details.

We look forward to seeing you!

Rugby Borough Council Play England Child Friendly
Warwickshire Warwickshire Kids

PLAY IN THE PARK – NEW BILTON

**ACTIVE.
CREATIVE.
PLAY.**

Join The **Play Rangers** for **FREE** outdoor activities in New Bilton Park Spaces
Every Friday Term Time
4:00pm-5:30pm

**Every Friday
Freemantle Play**

Park

(CV22 7HY)
13th June
20th June
27th June

New Bilton Recreation

Ground

(CV21 2JG)
4th July
11th July
18th July



With thanks to the New Bilton Community Association.





ICE LOLLY SALE

17 - 07- 2025

AFTER SCHOOL ON THE PLAYGROUND

50p EACH



Time for summer fun !

NOT ALL
Heroes
WEAR
CAPIES

TLG
make
lunch
Rugby
Meals that matter
for families in our community

**Please book your place by 18th July for
Summer Make Lunch sessions
will be taking place at:**

**St. Matthew's Bloxam C of E Primary School
Webb Ellis Rd, Rugby CV22 7AU**

Our theme this year is heroes

**Every Tuesday and Thursday between
29th July to 21st of August
from 12 -2p.m.**

(special trip on 5th August -See separate details)

Please use the link below or
the QR code to book your place

<https://www.smartsurvey.co.uk/s/6KIL3Z/>



Bookings will close on Wednesday 18th July
HAF codes are needed for those having free school meals

If you have any queries please email:
makelunchrugby@gmail.com

Make Lunch Rugby runs all inclusive sessions to support families who miss their free school meals in school holidays and other families who may be at risk of being hungry in the school holidays.



**YOU'RE
THE
BEST!**



Summer Trip



We are planning a summer trip to West Lodge Farm Park



Tuesday 5th August 2025
Coach leaving from
St Matthews Bloxam school 9am
(Park in the school car park)
Return time: 4pm approximately

To book your places please complete
the survey below by 18th July :

<https://www.smartsurvey.co.uk/s/AMA7QD/>



You will need to bring

Sun cream
Refillable water bottles
Hats and sunglasses
or
Raincoats and wellies

We will be spending time petting and cuddling lots of
different animals, there's nature trails and great play areas.
We will also share a delicious meal together too!



If you have any queries please email:
makelunchrugby@gmail.com



ST OSWALD'S
CHURCH OF ST MATTHEW & ST DONALD'S BISHOP





Mental Health in Schools Team Tips For Wellness



Transitions

Moving to a new school, changing classes, or starting secondary school are big moments in a child's life. Transitions can be challenging for young people due to the loss of familiarity. Children often imagine worst-case scenarios if they do not know what to expect, which can impact their mental health and wellbeing. Some children can put pressure on themselves to adapt quickly to new situations, even if they are truly feeling worried or stressed!

Your child may present with; anxiety or worry, withdrawal, sleep problems, clinginess or irritability. Keep an eye out for any changes in their mood or behaviour in the lead up to September!

Our top tips for a smooth transition:

1. **Talk it through** – let your child express their feelings. Be calm and reassuring.
2. **Build familiarity**– if your child is starting a new school, explore the route together and encourage your child to engage in transition days.
3. **Keep a routine** – Stick to regular sleep and mealtimes in the lead-up to school changes and throughout the summer holidays. You could even encourage your child to practice their morning routine, including packing their bag or getting dressed.
4. **Be positive** – Speak positively about the new school or teacher. Young people can often mirror other people's attitudes.
5. **Comfort object** – It is common for young people to feel worried leaving their parent or carer after a break from school. You could try letting your child carry a small reminder from home, like a photograph of their family, or a note from you in their pocket to help reduce anxiety.

Talking to a Primary
aged child



Webinar about the transition
to secondary school



Talking to a
teenager



In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

BISCUITS

Drinks

**PaFoS
Tuck Shop
THURSDAYS
after school
in the
conservatory**

All items are priced

2 for 50p

50p

£1

Cash and card machine
available

Sweets

Crisps



FREE EVENT!
**A three-day adventure
for children aged 4-11**

Treasure Seekers

20 - 22 August 2025

10.00am drop off to 12:30pm collection each day
Rugby Baptist Church, Regent Place, CV21 2PJ

Can you find the hidden treasure?

**BOOKING ESSENTIAL AT
WWW.RUGBYBAPTIST.ORG.UK**

**NO CHARGE AS THIS EVENT IS FULLY FUNDED BY
RUGBY BAPTIST CHURCH**

Eat Well, move *More*



Swap sugary drinks for water or milk.



Check portion sizes and give children **smaller** plates.



Make exercise fun with **active games**.



Walk, cycle or scoot for short journeys.



Warwickshire
County Council

For help to stay healthy go to:
www.warwickshire.gov.uk/eatwellmovemore



WhatsApp

A Guide for Parents & Carers

Age Rating
13+

WhatsApp is a free messenger app. It uses the internet to send messages, images, documents, audio or video. The app offers end-to-end encryption, which means that all messages can only be read by the sender and the recipient.

Privacy



Show your child how to **adjust their privacy settings**, such as hiding their profile photo, last seen status and about info. Set them to either of the following:

My Contacts: available to contacts from their address book only
Nobody: not available to anyone

Talk to them about not sharing their personal details online.

Messaging



Encourage your child to think about these things before they message:

- Is it kind?
- Is it true?
- Would your parents/guardians approve?
- Would you say it to their face?
- Have you asked permission to post photos?
- Have you used your online manners?
- You don't have to join in!

Contacts



Make your child understands that they should **only connect with friends, family, or trusted individuals**.

Teach them not to accept messages from **unknown contacts**.

Go over with your child how to **add, block and report** contacts.

Group Chats



If a child is added into a **Group Chat**, it may include people they don't know. This can put them at risk of being contacted by a stranger.

Go to **Settings -> Privacy -> Groups**. Select specific contacts that can add your child into groups.

Encourage your child to only join a group with people they **know and trust**.

Location



WhatsApp allows users to share their **location** with others.

If this feature is enabled, it could potentially let others **track** your child's location or discover their home address.

Speak to your child about keeping this feature **disabled**.

Check



Check in with your child regularly to **review their phone settings**.

Have an open dialogue about their WhatsApp usage and **how often** they are using the messaging app.

Encourage them to share what they're experiencing and periodically check that they are **staying safe and happy** online.



Encourage your child to come to you if **ANYTHING** online makes them feel uncomfortable, upset or worried.

Age Restrictions for Social Media Platforms

13

is the minimum age for account holders on these social media sites and apps.



X (formerly Twitter)



Facebook



Instagram



Pinterest



Messenger



TikTok



Discord



Snapchat



Twitch



Yubo



Reddit



YouTube



BeReal



WhatsApp



Disclaimer: This resource/information is not intended to encourage social media use and we cannot accept any responsibility for pupils that sign up to social media sites after using this resource/information. Please note that age restrictions for social media platforms may vary depending on the laws and regulations in your location.

For further information, visit:

<https://www.booktrust.org.uk/books-and-reading/tips-and-advice/reading-tips/>

TOP TIPS TO HELP PARENTS READ WITH THEIR CHILDREN

- Ask your child to choose what they'd like to read. They'll feel more interested in the story if they've picked it out themselves. (And don't worry if they keep returning to the same story, either!)
- If you can, turn off the TV, radio and computer. It's easier for both of you to enjoy the story without any other distractions.
- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. Maybe there's something funny in the pictures that you can giggle about together, or perhaps your child enjoys guessing what will happen next.
- Ask questions and talk about the book. Picture books can be a great way to talk through your child's fears and worries, or to help them deal with their emotions. Give them space to talk, and ask how they feel about the situations in the story.
- Have fun! There's no right or wrong way to share a story – as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

WAYS FOR PARENTS TO ENCOURAGE A LOVE OF READING

- Read yourself! It doesn't matter what it is – pick up a newspaper or magazine, take a look at a cookery book, read a computer manual, enjoy some poetry or dive into a romance or detective novel. And get your children to join in – if you're cooking, could they read the recipe? If you're watching TV, can they read out the listings?
- Give books as presents. And encourage your children and their friends to swap books with each other – it'll give them a chance to read new stories, and get them all talking about what they're reading.
- Visit the local library together. It's always fun choosing new books to read, and keep an eye out for special author events at the library or local bookshops – children love meeting their favourite authors. Jacqueline Wilson and Anthony Horowitz always have signing queues that are miles long!
- Encourage children to carry a book at all times. That way, they'll never be bored (this is something you can do, too!)
- Have a family bookshelf. If you can, have bookshelves in your children's bedrooms, too.
- Keep reading together. Just because your children are older, it doesn't mean you have to stop sharing stories – perhaps you could try the Harry Potter series or *A Series of Unfortunate Events*.
- Don't panic if your child reads the same book over and over again. Let's be honest - we've all done it!

School Attendance

Every day counts...



Good attendance helps with...



Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



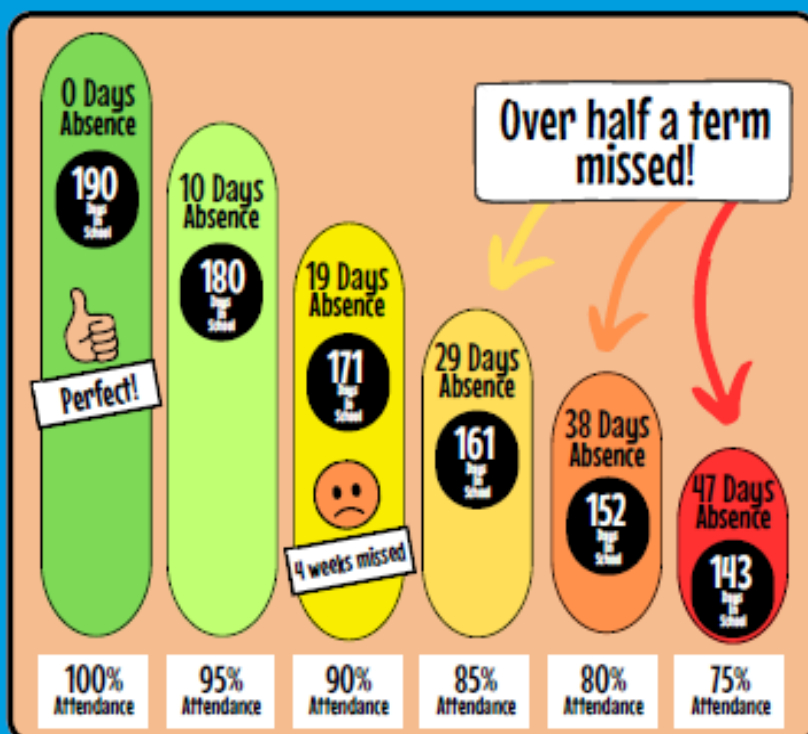
Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education





**"THIS MORNING,
HE HAD A RUNNY
NOSE... BUT LOOK
AT HIM NOW!"**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government

Head to the NHS website to find out more.

