

# St Matthew's Bloxam C of E Primary School

**"Let Your  
Light Shine"**

## NEWSLETTER

Friday 10th July 2026 Issue 38

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Website: www.st-matthewsbloxam.co.uk



### YEAR 5 & 6 PERFORMANCE

On Monday and Tuesday year 5 and 6 put on a fantastic performance of Mystery at Magpie Manor. Everyone performed well and showed what talent we have at SMB. George as Inspector Spectre, who put on a great performance and had everyone fooled that he was in fact the one who stole the Pica Pica solid silver pitcher with the magpie picture! Sofia, Lili, Siya and Lily as the mischievous assistants with Naryan as the ever cool-headed assistant to the manor. Sofia and Isla as Agatha Christie showing just how talented she was at catching the culprit. Finally, to all of the family members and cast who really shone in all their roles. We are all so proud of the performance and the way they worked together to make the show such a success. Although very warm in the hall, they all put on a fantastic play.

Well done year 5 and 6!

Miss Blackaby & Mrs Scott



### Diary Dates

Monday 13th July

Year 3 Swimming

\*\*\*\*\*

Wednesday 15th July

Rocksteady Concert -  
2:00pm (For parents/carers  
whose children attend  
Rocksteady)

\*\*\*\*\*

Thursday 16th July

Years 1 - 4 Afterschool  
Science Club 3:15pm-  
4:15pm

Years 1 -3 Afterschool  
Games Club 3:20pm-  
4:20pm

\*\*\*\*\*

Friday 17th July

Year 6 Leavers  
Celebration  
9am—parents/carers  
welcome

School Term ends for  
Summer Holidays

\*\*\*\*\*

Tuesday 1st September

Teacher Training Day -  
School Closed

\*\*\*\*\*

Wednesday 2nd  
September

School Open for Autumn  
Term



## ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **94.3%**

**This is below the target set by Warwickshire Admissions Service.**

School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a  
**specific reason** and

**not 'unwell'** as we need to state a reason in the attendance records.

**Please can medical appointments be made for after school.**

**We also require proof of appointments that are made during school time.**

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too>

[-ill-for-school/https://www.pharmacy2u.co.uk/](https://www.pharmacy2u.co.uk/)

## LAST WEEK OF TERM

Wednesday 15th July—Rocksteady Concert - 2:00pm (For parents/carers whose children attend Rocksteady)

Friday 17th July – 9:00am Year 6 Leavers' Celebration



## **This week's Family Information Service Newsletter - Tuesday 7th July 2026**

The Family Information Service (FIS) provides free, impartial advice on a variety of services and useful information.

They produce a weekly newsletter.

Please use link below to access the newsletter.

<https://mailchi.mp/warwickshire/family-information-service-newsletter-1219204-96fqcdqpps-8833609?e=04fcebfe0>



# **PaFos Tuck Shop**

**EVERY OTHER THURSDAY  
EVERYTHING PRICED 50P OR £1**

**YOU CAN FIND US IN THE  
CONSERVATORY OR ON THE PLAYGROUND**

**CASH OR CARD ACCEPTED**



# PaFoS

## PRE-LOVED

# UNIFORM SALE

★ Thursday 16th July from 3pm! ★

PaFoS will be selling  
pre-loved polo tops, jumpers,  
cardigans and trousers

sizes 4 to 13 years

**ALL ITEMS  
JUST £1 EACH**

With it coming to the  
end of the school year,  
please remember you can  
drop off any unwanted  
uniform into our  
donation bin.

Thank you PaFoS







## Mental Health in Schools Team Tips For Wellness



### Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

## Rest

It is important to work hard, stay motivated and set goals to achieve in life. It is also important to not overwork yourself and get enough rest to help manage your stress and unwind so you can stay motivated and prevent burnout in the long run.

Rest is vital for your mental health as it can improve your concentration, memory, critical thinking, planning for the future, problem-solving, mood, immune system, reduce stress, and helps your body's metabolism and physical recovery.

Rest can be difficult to define because it can look different for everyone. It can be anything physical or mentally stimulating that improves wellbeing such as going for a walk, singing, drawing, cycling, playing games, watching TV/streaming, exercising, playing sports, reading, dancing, listening or creating music, writing, crafting, relaxing or anything else you enjoy!

### Our Top Tips for Rest:

After you have done something important like studying, chores or homework, reward yourself by doing something enjoyable that helps you recharge.

Set aside enough time each day for hygiene. This can be showering, brushing teeth, washing hair. These regular activities can help you to relax.

Create a healthy sleep routine by avoiding caffeine or sugary drinks near bedtime, ensure you are warm and comfortable in bed and limit screentime.

Engage in some mindfulness or restful activity, such as meditation, reading, listening to calming music, podcasts or bedtime stories.

Use the QR code to download the Calm App, which has lots of meditations, soundscapes and stories.



**In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.**

**MHST are available to support you and your school throughout the school year including term time and school holidays.**

**Please contact your school's Mental Health Lead for information and advice.**



Children and  
Young People Services  
Mental Health

The Mental Health in Schools Team presents:

## Calm: a worry workshop for families

We are hosting several '**worry**' focused workshops over the summer holidays for parents/carers to attend **with** their child(ren). These are activity based and expected **to last between 90 mins to two hours**. Please note, simple refreshments are provided but please bring drinks/snacks as required – there will be breaks!

This workshop will help you and your child understand what worries and anxiety are, and how they show up in thoughts, feelings and the body. We will explore a range of practical tools you can try together, such as breathing, grounding and helpful thinking. The session is interactive, with opportunities to take part in ways that feel comfortable for you.

**Thursday 20<sup>th</sup> August**  
Boughton Leigh  
Childrens and Family  
Centre  
**12:30pm**

Boughton Leigh  
Children and Family  
Centre  
Wetherell Way, Rugby,  
CV21 1LT

If you would like to register for one of these dates, please scan the QR code which will provide you with an email to send to our team. Or email [mhst@covwarkpt.nhs.uk](mailto:mhst@covwarkpt.nhs.uk)



The Mental Health in Schools Team presents:

# Five ways to wellbeing

Join our fun and interactive Five Ways to Wellbeing workshops designed for children and parents to explore simple activities that support positive mental health. Through games, movement, and creative tasks, families will learn practical ways to connect, stay active, build confidence, and manage emotions together. Our sessions are inclusive, flexible, and supportive—ensuring every child can take part in a way that feels comfortable for them

We are hosting several workshops over the summer holidays for parents/carers to attend **with** their child(ren). These are activity based **we expect to last approx. 2 -3 hours.**

Please note, simple refreshments are provided but please bring drinks/snacks as required – there will be breaks!

**Thursday 6<sup>th</sup> August**  
**Boughton Leigh Childrens**  
**and Family Centre**  
**12:30pm**

**Boughton Leigh Children**  
**and Family Centre**  
Wetherell Way, Rugby,  
CV21 1LT

If you would like to register for one of these dates, please scan the QR code which will provide you with an email to send to our team. Or email [mhst@covwarkpt.nhs.uk](mailto:mhst@covwarkpt.nhs.uk)







The Mental Health in Schools Team present:

## Worried about moving up to secondary school? Transitions workshop

Starting secondary school is a big change for both children and families. This workshop brings children and parents/carers together to understand common worries and learn simple, practical strategies to manage them. It will help you feel more prepared, confident, and able to support your child through the transition.

We are hosting several 'transitions' focused workshops over the summer holidays for **parents/carers and their year 6, going into year 7** child(ren). These are activity based and expected to last 1 hour – 90 minutes. Please note, simple refreshments are provided but please bring drinks/snacks as required – there will be breaks!

**Thursday 13<sup>th</sup> August**  
Boughton Leigh  
Children and Family  
Centre  
12:30pm

**Thursday 27<sup>th</sup> August**  
Boughton Leigh  
Children and Family  
Centre  
12:30pm

Boughton Leigh  
Children and Family  
Centre  
Wetherell Way, Rugby,  
CV21 1LT

If you would like to register for one of these dates, please scan the QR code which will provide you with an email to send to our team. Or email [mhst@covwarkpt.nhs.uk](mailto:mhst@covwarkpt.nhs.uk)



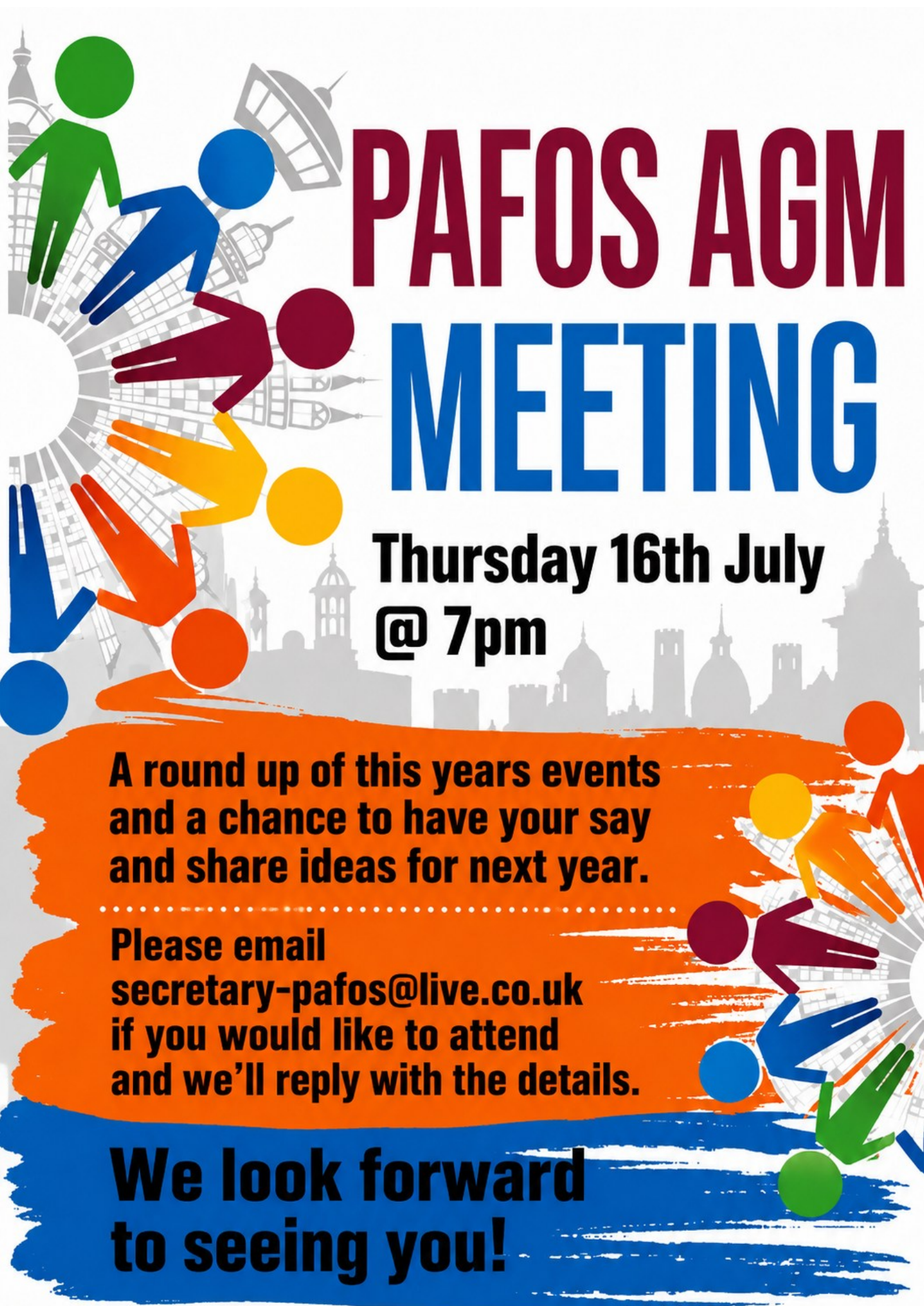




# **VOLUNTEERS WANTED**

Your School PTA Needs You





# **PAFOS AGM MEETING**

**Thursday 16th July  
@ 7pm**

**A round up of this years events  
and a chance to have your say  
and share ideas for next year.**

**Please email  
[secretary-pafos@live.co.uk](mailto:secretary-pafos@live.co.uk)  
if you would like to attend  
and we'll reply with the details.**

**We look forward  
to seeing you!**



**Rugby Baptist  
Church** Regent Place CV21 2PJ

# Building Champions

**"The Nehemiah Games"**

**Kids Holiday  
Club**



**Wednesday, Thursday, Friday  
26th-28th August 10am-12.30pm**

**For children aged 5 to 11 years old**

**£2 per child  
per day or £5  
for 3 days.**

**Prebooking required!**

**www.  
rugbybaptist.org.uk**



The Nehemiah Games Holiday Club





Meals that matter  
for families in our community

**Please book your place by 17th July**

**Summer Make Lunch sessions  
will be taking place at:**

**St. Matthew's Bloxam C of E Primary School  
Webb Ellis Rd, Rugby CV22 7AU**

Our theme this year is:

**Activities and Food from around the world**

**Every Tuesday and Thursday between  
28 July to 20 of August  
from 12 -2p.m.**

Please use the link below or  
the QR code to book your place

<https://www.smartsurvey.co.uk/t/0MYJO7/>



**Bookings will close on 17th July**

**HAF codes are needed for those having free school meals**

If you have any queries please email:

[makelunchrugby@gmail.com](mailto:makelunchrugby@gmail.com)

Make Lunch Rugby runs all inclusive sessions to support families who miss their free school meals in school holidays and other families who may be at risk of being hungry in the school holidays.





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- 1 Visit [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)
- 2 Sign up and search for us
- 3 Your favourite brands donate to us whenever you shop with them

Shop with 8,000+ brands including:

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ebay

M&S

GROUPON



TUI

JOHN  
LEWIS



Viking

ASOS



Uber Eats

Did you know you can raise FREE donations for Parents and Friends of St Matthew's Bloxam School - Rugby EVERY time you shop online. Just use easyfundraising! Over 8,000 brands will donate, including all the big names like eBay, John Lewis & Partners, Argos, ASOS, Expedia, M&S, Just Eat, Uswitch and many more! It costs you NOTHING!

Visit: [https://www.easyfundraising.org.uk/causes/stmatthewsbloxam/?utm\\_source=whatsapp&utm\\_medium=social&utm\\_campaign=pmc&utm\\_content=wa-1](https://www.easyfundraising.org.uk/causes/stmatthewsbloxam/?utm_source=whatsapp&utm_medium=social&utm_campaign=pmc&utm_content=wa-1)

Please do take a look at the website/app and share with friends and family. The more supporters we have, the more we can provide to enhance the experience for all children at SMB.

**ARE YOU ON OUR**

# **SMB Class WhatsApp**



Keep up to date on class  
information, important dates  
and other school messages  
to join speak to Laura or  
email

[secretary-pafos@live.co.uk](mailto:secretary-pafos@live.co.uk)



**IF YOUR CHILD IS  
FEELING UNDER  
THE WEATHER,**

**IT CAN BE HARD  
TO KNOW IF YOU  
SHOULD SEND  
THEM TO SCHOOL  
OR NOT.**



**UNLESS THEY HAVE A  
TEMPERATURE OF  
38 DEGREES OR ABOVE,  
THEY'RE USUALLY  
GOOD TO GO.**



**SEARCH NHS SCHOOL  
ILLNESS GUIDANCE.**

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**



HM Government



# School Attendance

*Every day counts...*



## Good attendance helps with...



### Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



### Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



### Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



### Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



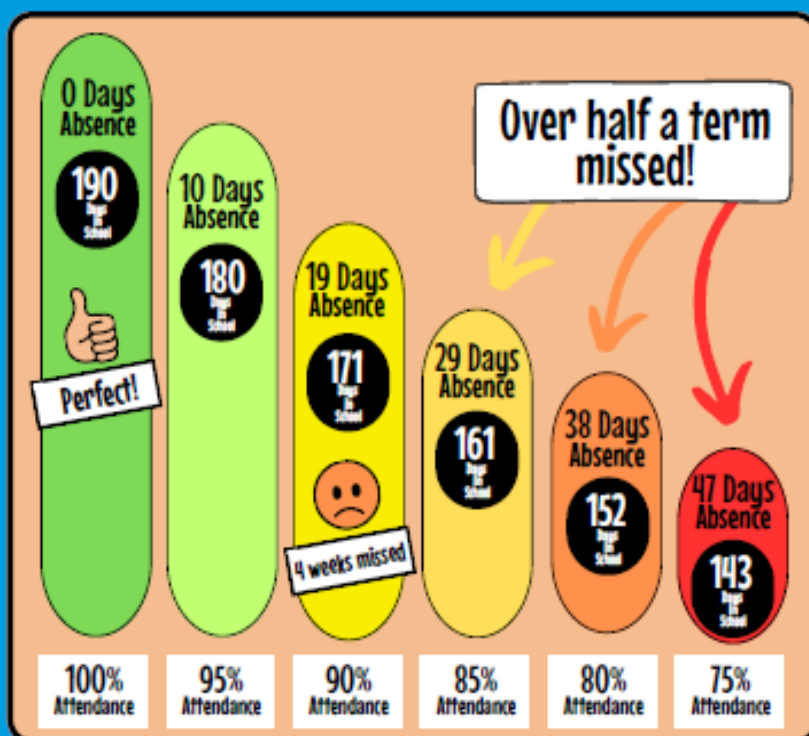
### Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



### Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education

