

St Matthew's Bloxam C of E Primary School

**"Let Your
Light Shine"**

NEWSLETTER

Friday 16th January 2026 Issue 17

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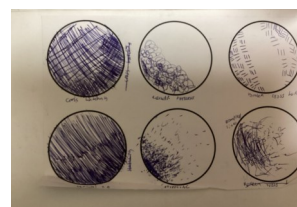
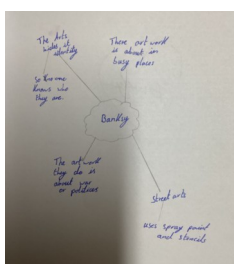
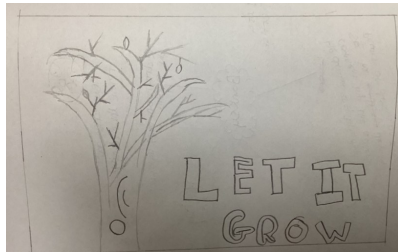
Website: www.st-matthewsbloxam.co.uk



ART AT SMB

Across the school we try to focus on a particular artist when looking at different mediums throughout the year. So far this year, the children have discovered artists such as Vincent Van Gogh, David Hockney and Banksy. We always research information about the artists and look at their work, as well as work of similar artists, before focussing on the skills we will need to create our own artwork. These examples display how we are using new methods that are unusual to the children, like biro pen, as well as more traditional methods, like watercolour paint. As the year continues we will making sculptures, using photography and creating collages.

Mr Mabey



Diary Dates

Monday 19th January

Year 4 Swimming

**Thursday 22nd
January**

**After School KS2
Multi-Sports Club**

3:20pm-4:20pm

Please see our School
Website for school
diary dates



PARKING

We kindly ask parents and carers to avoid parking on private property near the school. Several neighbours have shared that this has been upsetting and disruptive, and we want to maintain a positive and respectful relationship with our local community.

Please use designated parking areas and follow local parking guidelines when dropping off or collecting children.

Thank you for your understanding and cooperation.

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ATTENDANCE

Our whole school attendance target is **95%**

This week's whole school attendance is **97.2%**



School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a **specific reason** and **not 'unwell'** as we need to state a reason in the attendance records.

Please can medical appointments be made for after school.

We also require proof of appointments that are made during school time.

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/><https://www.pharmacy2u.co.uk/>



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This week's Family Information Service Newsletter - Tuesday 13th January 2026

The Family Information Service (FIS) provides free, impartial advice on a variety of services and useful information. They produce a weekly newsletter. Please use link below to access the newsletter.

<https://mailchi.mp/warwickshire/family-information-service-newsletter-1219204-96fqcdqqps-8831670?e=04fcebfe0>

The school has strong links with St Oswald's Church. Further details are available from www.smso.org.uk

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Please join us for St Matthews Bloxam's

PAFOS MEETING

19TH JANUARY @ 6:30



WE ARE IN DESPERATE NEED OF VOLUNTEERS!

We will be talking about the success that was our Christmas Fayre and Santas Grotto, we will also be thinking about new ideas and events that we could do

EVERYONE IS WELCOME!

PLEASE CONTACT PTA CO-CHAIR LAURA ON WHATSAPP OR AT
SECRETARY-PAFOS@LIVE.CO.UK

We are excited to see you there!



VOLUNTEERS WANTED

Your School PTA Needs You



PaFos Tuck Shop

**EVERY OTHER THURSDAY
EVERYTHING PRICED 50P OR £1**

**YOU CAN FIND US IN THE
CONSERVATORY OR ON THE PLAYGROUND**

CASH OR CARD ACCEPTED

ARE YOU ON OUR

SMB Class WhatsApp



Keep up to date on class
information, important dates
and other school messages
to join speak to Laura or
email

secretary-pafos@live.co.uk



Mental Health in Schools Team

Tips For Wellness



Bouncing Back

Bouncing back is all about 'having another go' after we are faced with challenges, this is also called **resilience**! There are times when things will not go how we planned, so being resilient will help us keep going and try again. We can all develop our ability to bounce back, so it is important to maintain a growth mindset and practise this skill by trying the following tips:

Our tips for bouncing back:

1. Watch this **short video** introducing resilience and 'bouncebackability'. Scan the QR code to load the video and other lesson resources:



Young Minds resources

2. Practise **problem solving** as a strategy to overcome practical difficulties and help you bounce back! Follow the steps below, you may want to write the answers down to help you:

1. What is the problem?
2. How does it make you feel?
3. What are the possible solutions?
4. What are the positives and negatives of each solution?
5. Select the best solution and make a plan to try out!

3. Think about a time when you have faced a challenge in the past...how did you overcome it? Would you do anything differently if you came across the same challenge again? You could discuss this with a friend to share ideas.

4. Build your **support network**. Having people that you trust around you through difficult times can help you to bounce back! Try to share how you are feeling with friends, family, teachers and other trusted adults in your life. You can also contact the services below if you struggle talking to people you know:



Young Minds



Samaritans

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Jess is running the

LONDON MARATHON 2026



please donate if you can

for The Myton Hospices

JESS IS HOPING TO RAISE
£5000 IN MEMORY OF HER
MUM, LOUISE YOUNG, WHO
PASSED AWAY IN MARCH
2021, JUST 3 WEEKS AFTER
HER CANCER DIAGNOSIS.

**SHE WANTS TO RAISE THIS
MONEY FOR THE INCREDIBLE
CHARITY THAT SUPPORTED HER
AND HER FAMILY MOST,
THROUGH SUCH A DIFFICULT
TIME!**



In aid of

myton
hospice

**IF YOUR CHILD IS
FEELING UNDER
THE WEATHER,**

**IT CAN BE HARD
TO KNOW IF YOU
SHOULD SEND
THEM TO SCHOOL
OR NOT.**



**UNLESS THEY HAVE A
TEMPERATURE OF
38 DEGREES OR ABOVE,
THEY'RE USUALLY
GOOD TO GO.**



**SEARCH NHS SCHOOL
ILLNESS GUIDANCE.**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government



School Attendance

Every day counts...



Good attendance helps with...



Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



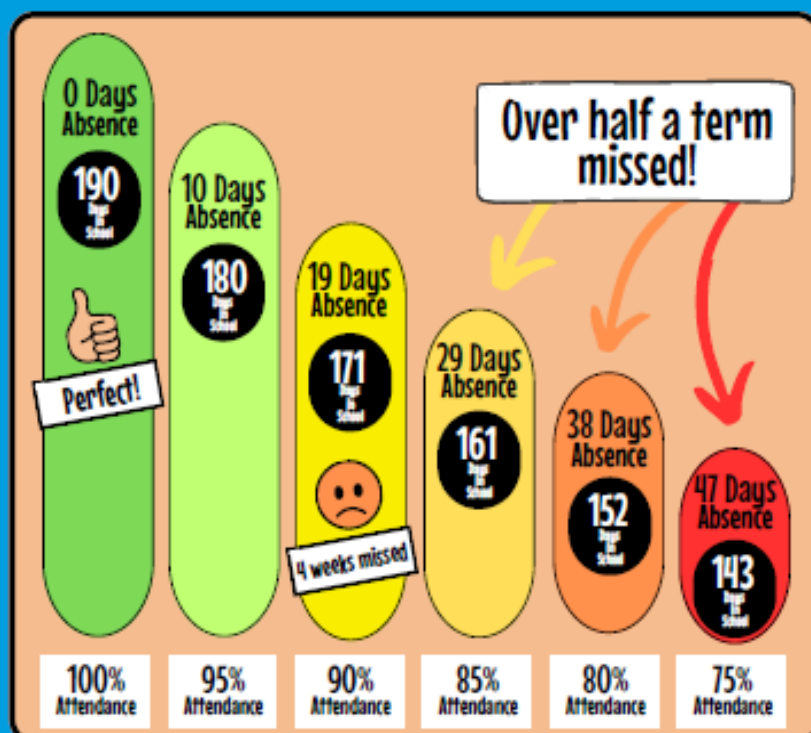
Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education



Eat Well, move *More*



Swap sugary drinks for water or milk.



Check portion sizes and give children smaller plates.



Make exercise fun with active games.



Walk, cycle or scoot for short journeys.



Warwickshire
County Council

For help to stay healthy go to:
www.warwickshire.gov.uk/eatwellmovemore

Age Restrictions for Social Media Platforms

13

is the minimum age for account holders on these social media sites and apps.



X (formerly Twitter)



Facebook



Instagram



Pinterest



Messenger



TikTok



Discord



Snapchat



Twitch



Yubo



Reddit



YouTube



BeReal



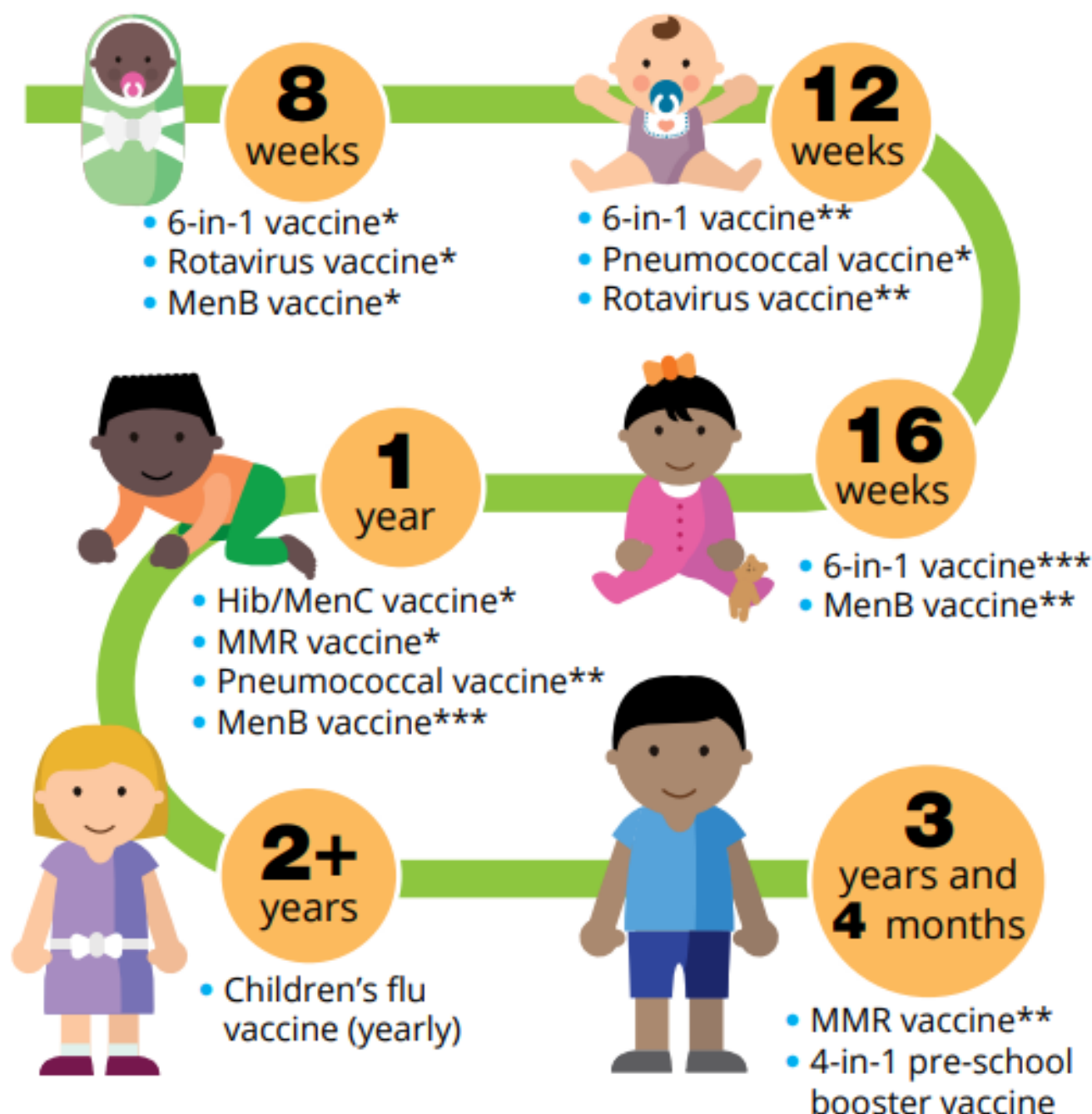
WhatsApp



Disclaimer: This resource/information is not intended to encourage social media use and we cannot accept any responsibility for pupils that sign up to social media sites after using this resource/information. Please note that age restrictions for social media platforms may vary depending on the laws and regulations in your location.



Your child's vaccine schedule



* first dose, **second dose, *** third dose

6-in-1 protects against diphtheria, tetanus, whooping cough, polio, Hib and hepatitis B

4-in-1 protects against diphtheria, tetanus, whooping cough and polio

**Follow your child's vaccine schedule
to protect them against illnesses**

**Stick this
timeline up as a
useful reminder**



- Childhood illnesses like measles and whooping cough are rising
- These illnesses can make children very sick, leading to hospital stays or lifelong problems
- If your child is not vaccinated, they are not protected
- It's important that vaccines are given on time for the best protection. Some need booster doses later too
- Check your child's red book or speak to your GP practice to see if they have missed any
- You can still catch up on most missed vaccines
- All the childhood vaccinations are free. As children grow up, they will be offered more vaccine appointments, right up until they are teenagers. Some vaccines are offered at school
- Vaccinations offered by the NHS are thoroughly tested to assess how safe and effective they are. All medicines can cause side effects, but vaccines are among the very safest.
- Research from around the world shows that immunisation is the safest way to protect our children's health

Are your child's vaccines up to date?
Book now at their GP practice