

St Matthew's Bloxam C of E Primary School

**"Let Your
Light Shine"**

NEWSLETTER

Friday 6th February 2026 Issue 20

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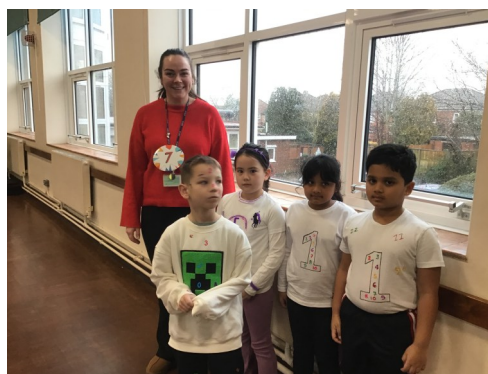


NSPCC NUMBER DAY

It's NSPCC Number Day!

We had a fun day of number filled activities, maths games and dressing up with digits!

Thank you for supporting this brilliant cause.



Diary Dates

Monday 9th February

Year 4 Swimming

Tuesday 10th February

Whole School Safer Internet Day

Thursday 12th February

After School KS2 Multi-Sports Club

3:20pm-4:20pm

Friday 13th February

Year 1 class assembly
9am—parents/carers welcome

School Closes for Half Term

Monday 23rd February

School Re-opens for
Spring Term 2

Please see our School Website for school diary dates

YEAR 6 BLACKWELL RESIDENTIAL

A gentle reminder that payments for the Year 6 Blackwell Residential can be made via the Gateway app.



ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **94.8%**

This is below the target set by Warwickshire Attendance Service

School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a **specific reason** and **not 'unwell'** as we need to state a reason in the attendance records.

Please can medical appointments be made for after school.

We also require proof of appointments that are made during school time.

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>
<https://www.pharmacy2u.co.uk/>

This week's Family Information Service Newsletter - Tuesday 3rd February 2026

The Family Information Service (FIS) provides free, impartial advice on a variety of services and useful information. They produce a weekly newsletter. Please use link below to access the newsletter.

<https://mailchi.mp/warwickshire/family-information-service-newsletter-1219204-96fqcdqgps-8831907?e=04fcebfe0>



VOLUNTEERS WANTED

Your School PTA Needs You



PaFos Tuck Shop

**EVERY OTHER THURSDAY
EVERYTHING PRICED 50P OR £1**

**YOU CAN FIND US IN THE
CONSERVATORY OR ON THE PLAYGROUND
CASH OR CARD ACCEPTED**

ARE YOU ON OUR

SMB Class WhatsApp

Keep up to date on class
information, important dates
and other school messages
to join speak to Laura or
email

secretary-pafos@live.co.uk

WHAT'S ON GUIDE Rugby Children & Family Centres

5th January - 13th February 2026

Family Information Service
Providing information, advice and one-to-one support for families with children & young people aged 0-25.

New Free Tel: 0800 408 1558
Tel: 01926 742274

Email: fis@warwickshire.gov.uk
www.warwickshire.gov.uk/fis

Warwickshire's Child and Family Well-being Service
Tel 0300 247 0072

or email:
wcfw.contact@hrcrgcraegroup.com

Warwickshire Health Visiting Well Baby drop in Clinic

Tuesdays: 9:30am - 11:00am
at Claremont Children and family Centre

Self-weigh drop in

9:30am - 12:00pm

Mondays at Claremont
Friday's at Boughton Leigh

Breastfeeding Support Drop-in Group for Babies and Toddlers
Wednesdays: 10:00am-11:30am

at Claremont Children & Family Centre

ROSA Drop in Clinic for those impacted by sexual violence

Contact Claremont Children & Family Centre for more details.
Tel: 01788579488

Warwickshire Family Connect

For concerns about a child's wellbeing
Tel: 01926 414144

Early Support Drop ins at the CFCs

Long Lawford Tues - 2.00-4.00pm

Claremont Weds - 2.15-4.15pm

Boughton Leigh Thurs - 9.30-11.30am

Family Support Help Line

Monday to Friday: 9.00am to 4.00pm

Tel: 01926 412412

www.warwickshire.gov.uk/childrenandfamilies

Midwives

Maternity advice,
The Owen Building, St. Cross Hospital
Tel: 01788 663184

Adult and Community Learning

<https://warwickshire.gov.uk/ac/>

Tel: 01926 736392

Speech and Language

Therapy Preschool Team

Tel: 01788 555107

HRCRG Sexual Health & Contraception Drop-in

2nd Wednesday of the month at Claremont CFC

4th Monday of the month at Boughton Leigh CFC

9.30-11.30am

Rugby Children & Family Centres (CFC)

Boughton Leigh Children & Family Centre
Wetherell Way, Rugby,
CV21 1LT Tel: 01788 570347

Claremont Children & Family Centre
Claremont Road, Rugby,
CV21 3LU Tel: 01788 579488

Long Lawford Children & Family Centre
Holbrook Road, Long Lawford,
Rugby, CV23 9AL Tel: 01788 561313

Email: rugbycfc@barnardos.org.uk

Website

<https://coventryandwarwickshire.barnardos.org.uk/children-and-family-centres/rugby/>



Is your New Years Resolution to give back to your community and volunteer? Contact us or apply to any of our available roles. Scan our QR code!



Our NEW Facebook page is now available!

Follow us by scanning our QR code or search Rugby Children & Family Centres in Facebook



Rugby Borough Children and Family Centres (CFC) Spring Term Timetable 5th January - 13th February 2026



Monday

Walk-in Wardrobe

Pre-loved clothes for 0-5's
9.30am to 11.30am

Toy Library

9.30am to 11.30am
Claremont CFC

Baby Time

Non-walkers from birth
10.00-11.00 am
Claremont CFC

Toddler Time

Drop-in, no booking
Aimed at 0-5 years
10.00am to 11.30am
Long Lawford CFC

Family ESOL

Aimed at 20mths to 4yrs
Booking Essential*
1.00-2.00pm
Claremont CFC
Starting 12th January 2026

Baby Time

Non-walkers from birth
1.30-2.30pm
Long Lawford CFC

Tuesday

Toddler Time

Drop-in, no booking
Aimed at 0-5 years
10.00am to 11.30am
Boughton Leigh CFC

Baby Chatter Matters

Booking essential*
10.00am - 11:00am
BEC @ Woodlands CV22 6JZ
starting 13th January 2026

Baby Time

Non-walkers from birth
10.00am to 11.00am
The Barn @ Houlton
(CV23 1AL)

Story Explorers

Aimed at 20mths to 4yrs
Booking essential*
1:00pm - 2:00pm
Claremont CFC
Starting 13th January 2026

Toddler Time

Aimed at 0-5 years
1:30pm - 2:30pm
Overslade Community Centre
(CV22 6AZ)

Baby Time

Non-walkers from birth
1:30pm-2:30pm
Boughton Leigh CFC

Wednesday

Little Stars

For children with additional needs
10.00am to 11.00am
Claremont CFC

Baby Signing

Booking essential*
10:00am - 11:00am
Boughton Leigh CFC
starting 14th January 2026

Baby & Toddler Time

Non-walkers to 5yrs
2.00-3.00pm
Cawston Community Hall
(CV22 7GU)

Baby Massage

Booking essential*
1.30-2.30pm
Long Lawford CFC
starting 14th January 2026

Winter Wellness Workshops
Future -proofing your family and home

Winter Illness and Prevention -
4th February 12.45-2.45
Home Readiness for Winter -
11th February 12.45-2.45

Contact Claremont CFC for more information



AK Coaching -Booking

essential*
3:45-4.45pm (5- 11yrs)
Claremont CFC

Thursday

Baby REAL

Non-movers up to 10 months
Booking essential*
10:00am - 11:00am
Long Lawford CFC
Starting 15th January 2026

Toddler Time

Maximum capacity 20 Families
Aimed at 0-5 years
10.00am to 11.30am
Claremont CFC

Toddler Chatter Matters

Booking essential*
1.30-2.30pm
Claremont CFC
starting 22nd January 2026

Computer Xplorers Tech Club

Booking essential (see flyer)*
3:45-4:45pm
5- 11yrs
Claremont CFC
Starting 8th January 2026

To view all our sessions on Eventbrite scan the QR code or follow the link:
<https://rugbycfc.eventbrite.com>



Friday

Walk-in Wardrobe

Pre-loved clothes for 0-5's
9.30am to 11.30am
Claremont CFC

Toddler Time

Aimed at 0-5 years
10.00am to 11.00am
Rogers Hall
(CV21 4EN)

To view our sessions on our website please scan this QR code.



Saturday

Saturdays

Stay and Play session for dads and male carers
2nd Saturday of the month

10.00-11.30am
Monthly dates:
10th January 2026
14th February 2026
Claremont CFC





Mental Health in Schools Team Tips For Wellness



Children's Mental
Health Week:
9th-15th Feb

Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Kindness

Kindness means being friendly, generous, and considerate to others. It's all about showing care and respect through our actions and our words.

Random Acts of Kindness Day is celebrated each year on **February 17th**, however you can practice random acts of kindness all year round!

Ideas for random acts of kindness

Here are some easy ideas to spread kindness:

- Give compliments – A genuine compliment can make someone's day brighter.
- Hold the door open for someone.
- Share a smile – Smiling at people can help to boost their mood.
- Send a thank you note – Write a note of appreciation to someone who has helped you.
- Be a good listener – Sometimes, all someone needs is someone to talk to.
- Help your teacher – Offer to hand out something to the class or do something to help them.
- Ask someone how their day is going – Asking someone about their day can make them feel cared for and happier.
- Pick up a piece of litter.
- Offer to help someone at home.

Why is being kind important?

Kindness is contagious! When you show kindness, it inspires others to do the same.

When you are kind to someone, it can help them to feel happy, it can brighten their day and boost their mood.

Kindness can help to make schools, homes and communities more welcoming and friendly. When people are kind, everyone feels more comfortable which can lead to better relationships and friendships.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Jess is running the

LONDON MARATHON 2026



please donate if you can

for The Myton Hospices

JESS IS HOPING TO RAISE
£5000 IN MEMORY OF HER
MUM, LOUISE YOUNG, WHO
PASSED AWAY IN MARCH
2021, JUST 3 WEEKS AFTER
HER CANCER DIAGNOSIS.

**SHE WANTS TO RAISE THIS
MONEY FOR THE INCREDIBLE
CHARITY THAT SUPPORTED HER
AND HER FAMILY MOST,
THROUGH SUCH A DIFFICULT
TIME!**



In aid of

myton
hospice

**IF YOUR CHILD IS
FEELING UNDER
THE WEATHER,**

**IT CAN BE HARD
TO KNOW IF YOU
SHOULD SEND
THEM TO SCHOOL
OR NOT.**



**UNLESS THEY HAVE A
TEMPERATURE OF
38 DEGREES OR ABOVE,
THEY'RE USUALLY
GOOD TO GO.**



**SEARCH NHS SCHOOL
ILLNESS GUIDANCE.**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government



School Attendance

Every day counts...



Good attendance helps with...



Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



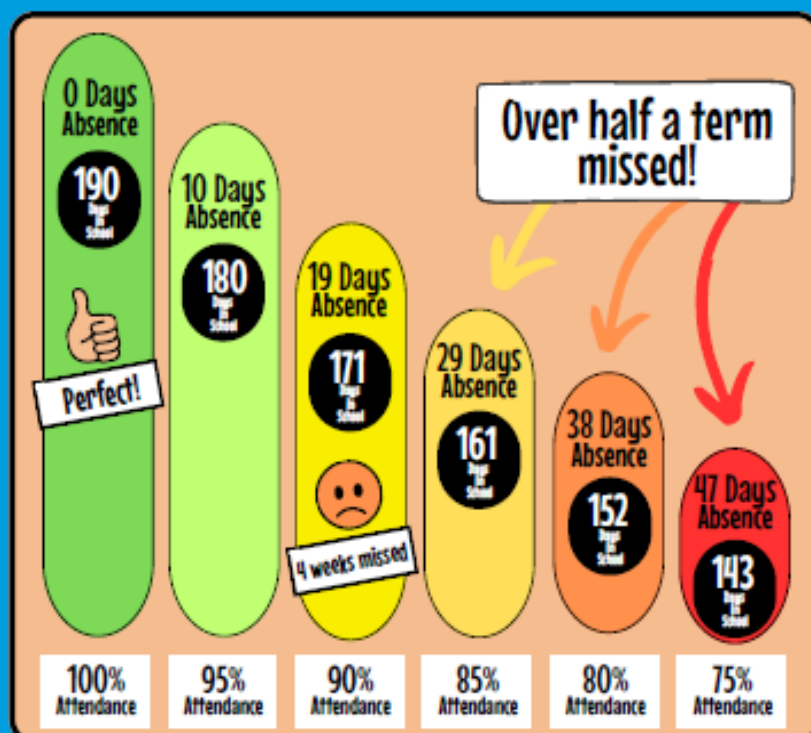
Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education



Eat Well, move *More*



Swap sugary drinks for water or milk.



Check portion sizes and give children smaller plates.



Make exercise fun with active games.



Walk, cycle or scoot for short journeys.



Warwickshire
County Council

For help to stay healthy go to:
www.warwickshire.gov.uk/eatwellmovemore

Age Restrictions for Social Media Platforms

13

is the minimum age for account holders on these social media sites and apps.



X (formerly Twitter)



Facebook



Instagram



Pinterest



Messenger



TikTok



Discord



Snapchat



Twitch



Yubo



Reddit



YouTube



BeReal



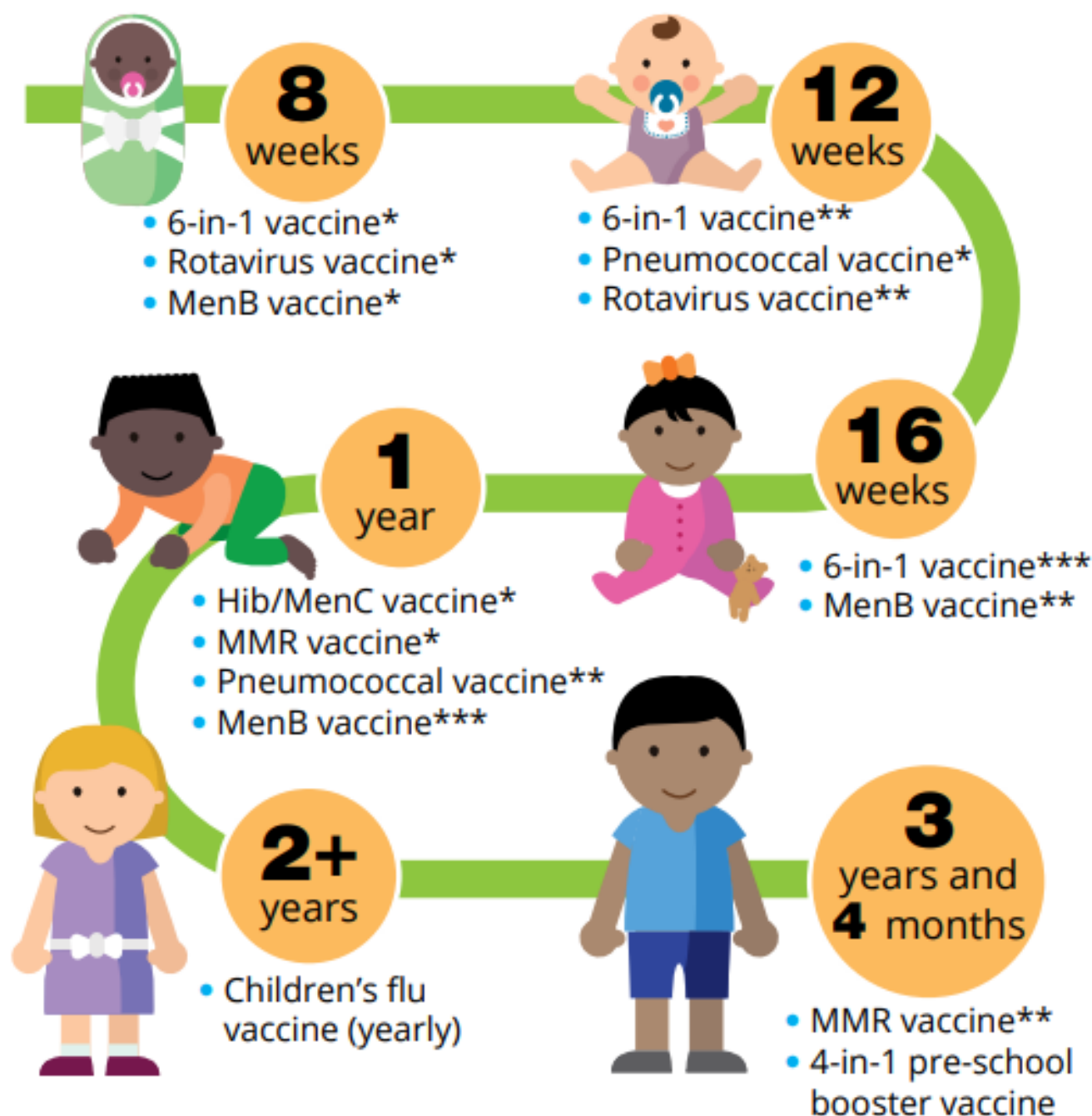
WhatsApp



Disclaimer: This resource/information is not intended to encourage social media use and we cannot accept any responsibility for pupils that sign up to social media sites after using this resource/information. Please note that age restrictions for social media platforms may vary depending on the laws and regulations in your location.



Your child's vaccine schedule



* first dose, **second dose, *** third dose

6-in-1 protects against diphtheria, tetanus, whooping cough, polio, Hib and hepatitis B

4-in-1 protects against diphtheria, tetanus, whooping cough and polio

Follow your child's vaccine schedule
to protect them against illnesses

Stick this
timeline up as a
useful reminder



- Childhood illnesses like measles and whooping cough are rising
- These illnesses can make children very sick, leading to hospital stays or lifelong problems
- If your child is not vaccinated, they are not protected
- It's important that vaccines are given on time for the best protection. Some need booster doses later too
- Check your child's red book or speak to your GP practice to see if they have missed any
- You can still catch up on most missed vaccines
- All the childhood vaccinations are free. As children grow up, they will be offered more vaccine appointments, right up until they are teenagers. Some vaccines are offered at school
- Vaccinations offered by the NHS are thoroughly tested to assess how safe and effective they are. All medicines can cause side effects, but vaccines are among the very safest.
- Research from around the world shows that immunisation is the safest way to protect our children's health

Are your child's vaccines up to date?
Book now at their GP practice