

St Matthew's Bloxam C of E Primary School

**"Let Your
Light Shine"**

NEWSLETTER

Friday 24th April 2026 Issue 28

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Music Day

As part of music day this year, all year groups explored the different musical eras that have influenced the music we hear today. Each class picked an era and created a song to represent it. Children showcased their acts to the rest of the school, and Mrs Timson was the judge of 'Battle of the Bands'. The children excelled in the challenge; it was spectacular and a real pleasure to see so many children enjoying music.

The winning class was year 5, who performed Avril Lavigne- Complicated.
Well done to all the children for taking part.



Diary Dates

Monday 27th April

Year 3 Swimming

Thursday 30th April

Years 1 - 4 Afterschool
Science Club 3:15pm-
4:15pm

Years 1 -3 Afterschool
Games Club 3:20pm-
4:20pm

Friday 1st May

Non uniform day for
donations to PaFoS

Monday 4th May

School Closed—May Day
Bank Holiday

Please see our School
Website for school diary
dates



YEAR 6 BLACKWELL RESIDENTIAL

A gentle reminder that the Year 6 Blackwell Residential is approaching and is now only a few months away.
Payments may be made via the Gateway app.



ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **95.8%**

School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a **specific reason** and

not 'unwell' as we need to state a reason in the attendance records.

Please can medical appointments be made for after school.

We also require proof of appointments that are made during school time.

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too>

[-ill-for-school/https://www.pharmacy2u.co.uk/](https://www.pharmacy2u.co.uk/)

This week's Family Information Service Newsletter - Tuesday 21st April 2026

The Family Information Service (FIS) provides free, impartial advice on a variety of services and useful information. They produce a weekly newsletter. Please use link below to access the newsletter.

<https://mailchi.mp/warwickshire/family-information-service-newsletter-1219204-96fqcdqgps-8832778?e=04fcebfe0>

FRIDAY 1ST MAY

PaFoS

Non-Uniform Day

Children can wear non-uniform in
exchange for a donation for the
summer fayre.

We welcome any bottled drink items
Any alcohol must be handed to a
member of staff.

Thank you for your support. PaFoS





Mental Health in Schools Team Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Get Outdoors

Spending time outdoors is great for your body and mind! It can improve your mood, reduce feelings of stress, improve your confidence, helps you to be more active and can reduce loneliness.

How to get outside more:

- 1. Take a Nature Walk**
Find a park, trail, or even your garden and take a walk. Look around for birds, trees, and flowers that you can spot. You could try taking photographs and share them with a friend.
- 2. Play a Sport or Game**
Whether it's football, netball or running, outdoor sports are a great way to get moving. They also help us develop our communication skills when we play as part of a team!
- 3. Do a Scavenger Hunt**
Make a list of things to find outside—like a particular leaf or a butterfly—and go on a hunt to find them!
- 4. Bring Your Hobby Outside**
Do you like drawing, reading, or listening to music? Try doing it outside! Find a comfy spot on the grass and enjoy your favourite activities in the fresh air.
- 5. Have a snack outside**
Try taking a snack outside and eating it while focusing on the food and what is going on around you.
- 6. Watch the Stars**
On a clear night, lie on a blanket and look up at the stars. You might even see a shooting star or spot constellations.
- 7. Meet up with a friend outside**

It can be helpful to get outdoors every day, even if only for a short time. You could try walking to a friend's house or to the shop instead of travelling by car or getting public transport. You could try to make getting outside part of your daily routine, whether it is riding a bike or sitting in a garden or park while you listen to music.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



VOLUNTEERS WANTED

Your School PTA Needs You



PaFos Tuck Shop

**EVERY OTHER THURSDAY
EVERYTHING PRICED 50P OR £1**

**YOU CAN FIND US IN THE
CONSERVATORY OR ON THE PLAYGROUND**

CASH OR CARD ACCEPTED

Turn your daily shopping into everyday magic for us with easyfundraising

You shop, brands donate to us. It won't cost you any extra!



 easyfundraising

Help us make a difference when you shop.
Visit www.easyfundraising.org.uk



- 1 Visit www.easyfundraising.org.uk
- 2 Sign up and search for us
- 3 Your favourite brands donate to us whenever you shop with them

Shop with 8,000+ brands including:

Booking.com

ebay

M&S

GROUPON



TUI

JOHN
LEWIS



Viking

ASOS



Uber Eats

Did you know you can raise FREE donations for Parents and Friends of St Matthew's Bloxam School - Rugby EVERY time you shop online. Just use easyfundraising! Over 8,000 brands will donate, including all the big names like eBay, John Lewis & Partners, Argos, ASOS, Expedia, M&S, Just Eat, Uswitch and many more! It costs you NOTHING!

Visit: https://www.easyfundraising.org.uk/causes/stmatthewsbloxam/?utm_source=whatsapp&utm_medium=social&utm_campaign=pmc&utm_content=wa-1

Please do take a look at the website/app and share with friends and family. The more supporters we have, the more we can provide to enhance the experience for all children at SMB.

ARE YOU ON OUR

SMB Class WhatsApp



Keep up to date on class
information, important dates
and other school messages
to join speak to Laura or
email

secretary-pafos@live.co.uk

**IF YOUR CHILD IS
FEELING UNDER
THE WEATHER,**

**IT CAN BE HARD
TO KNOW IF YOU
SHOULD SEND
THEM TO SCHOOL
OR NOT.**



**UNLESS THEY HAVE A
TEMPERATURE OF
38 DEGREES OR ABOVE,
THEY'RE USUALLY
GOOD TO GO.**



**SEARCH NHS SCHOOL
ILLNESS GUIDANCE.**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government



School Attendance

Every day counts...



Good attendance helps with...



Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



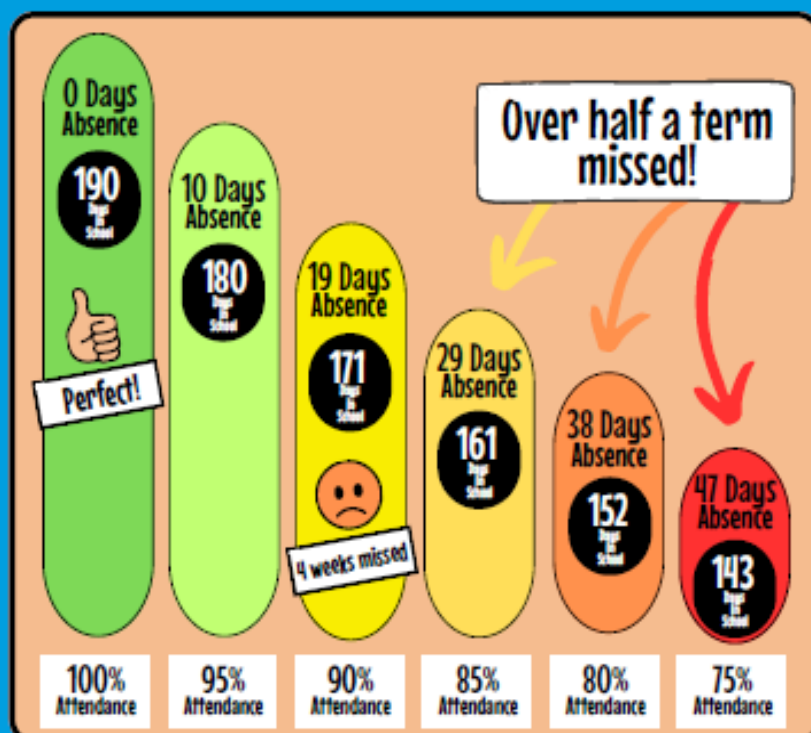
Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education



Eat Well, move *More*



Swap sugary drinks for water or milk.



Check portion sizes and give children smaller plates.



Make exercise fun with active games.



Walk, cycle or scoot for short journeys.



Warwickshire
County Council

For help to stay healthy go to:
www.warwickshire.gov.uk/eatwellmovemore

Age Restrictions for Social Media Platforms

13

is the minimum age for account holders on these social media sites and apps.



X (formerly Twitter)



Facebook



Instagram



Pinterest



Messenger



TikTok



Discord



Snapchat



Twitch



Yubo



Reddit



YouTube



BeReal



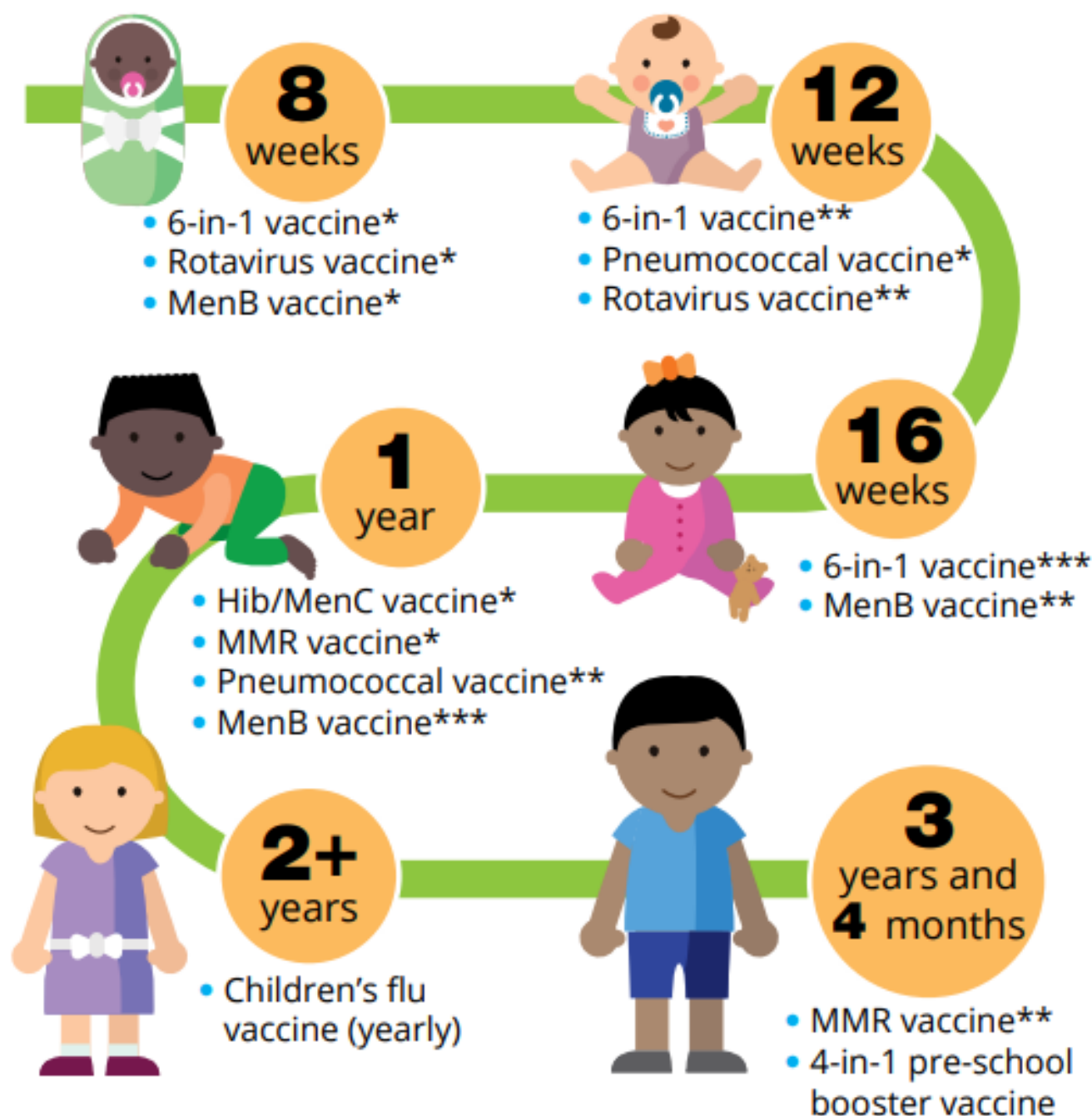
WhatsApp



Disclaimer: This resource/information is not intended to encourage social media use and we cannot accept any responsibility for pupils that sign up to social media sites after using this resource/information. Please note that age restrictions for social media platforms may vary depending on the laws and regulations in your location.



Your child's vaccine schedule



* first dose, **second dose, *** third dose

6-in-1 protects against diphtheria, tetanus, whooping cough, polio, Hib and hepatitis B

4-in-1 protects against diphtheria, tetanus, whooping cough and polio

Follow your child's vaccine schedule
to protect them against illnesses

Stick this
timeline up as a
useful reminder



- Childhood illnesses like measles and whooping cough are rising
- These illnesses can make children very sick, leading to hospital stays or lifelong problems
- If your child is not vaccinated, they are not protected
- It's important that vaccines are given on time for the best protection. Some need booster doses later too
- Check your child's red book or speak to your GP practice to see if they have missed any
- You can still catch up on most missed vaccines
- All the childhood vaccinations are free. As children grow up, they will be offered more vaccine appointments, right up until they are teenagers. Some vaccines are offered at school
- Vaccinations offered by the NHS are thoroughly tested to assess how safe and effective they are. All medicines can cause side effects, but vaccines are among the very safest.
- Research from around the world shows that immunisation is the safest way to protect our children's health

Are your child's vaccines up to date?
Book now at their GP practice