

St Matthew's Bloxam C of E Primary School

**"Let Your
Light Shine"**

NEWSLETTER

Friday 15th May 2026 Issue 31

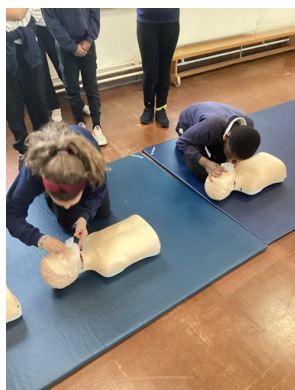
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Website: www.st-matthewsbloxam.co.uk



YEAR 5

Year 5 have had a great few weeks including some visitors. First, we had a visitor teaching us about Carbon Monoxide and how we can keep ourselves and our families safe. Year 5 created some fantastic songs/raps/dramas to show what they had learned from this session. This week they had first aid training. They have learned how to perform CPR; what to do if they burn or scald themselves; how to help someone who is choking and even learned a trick to create a sling— by using the bottom of your jumper and folding it upwards! They showed great respect to these visitors and should be really proud of how they conducted themselves. In other lessons, we have been reading the book *Holes* by Louis Sachar, created speeches in the style of David Attenborough and have been considering handwriting and sentence structure, which is having a great impact on the work they are producing. In science, we have been investigating reproduction in plants and dissected lilies to explore parts of the flower and planted some strawberries to see how other plants create runners to reproduce clones of the parent plant. We have an exciting summer 2 coming up, with our trip to the Cathedral and numerous other events. Look out for the photos on the school website!

Miss Blackaby



Diary Dates

Monday 18th May

Year 3 Swimming

Tuesday 19th May

Year 1 visit to Rugby Library

**Year 6 Parent meeting for
Blackwell residential- 9am**

Wednesday 20th May

**Whole School Sponsored
run**

Thursday 21st May

**Whole School Animal
Encounter**

**Years 1 - 4 Afterschool
Science Club 3:15pm-
4:15pm**

**Years 1 -3 Afterschool
Games Club 3:20pm-
4:20pm**

Friday 22nd May

**School Closed -Teacher
Training day**

**Monday 25th May—
Friday 29th May**

School Closed for Half Term

Monday 1st June

**School reopens after Half
Term**

YEAR 6 BLACKWELL RESIDENTIAL

An information meeting is being held on **Tuesday 19.05.26 at 9am.**

Please make payments for any outstanding balances via the Gateway App.

Thank you



ATTENDANCE



Our whole school attendance target is **95%**

This week's whole school attendance is **96.5%**

School starts at **8.50am**, arriving after this time may affect your child's attendance mark.

Can we ask that if your child is not well enough to attend school that we have a **specific reason** and

not 'unwell' as we need to state a reason in the attendance records.

Please can medical appointments be made for after school.

We also require proof of appointments that are made during school time.

Please follow the attached links for useful information

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/><https://www.pharmacy2u.co.uk/>

This week's Family Information Service Newsletter - Tuesday 12th May 2026

The Family Information Service (FIS) provides free, impartial advice on a variety of services and useful information.

They produce a weekly newsletter. Please use link below to access the newsletter.

<https://mailchi.mp/warwickshire/family-information-service-newsletter-1219204-96fqcdqpps-8833009?e=04fcebfe0>

COME JOIN OUR

SUMMER FAYRE

MONDAY 29TH JUNE 2025

FREE ENTRY
3:15 - 5:15PM

GAMES OLD AND NEW | RAFFLE
PIZZA | REFRESHMENTS | ICEPOPS
AND MORE

ST MATTHEWS BLOXAM

WEBB ELLIS ROAD, RUGBY

SECRETARY - PAFOS@LIVE.CO.UK

SUMMER FAYRE

VOLUNTEER SIGN UP SHEET

DATES OF SUMMER FAYRE: Monday 29th June

NAME

PHONE

EMAIL

We are looking for anyone who can help on the day, weather it is with setting up, running a stall or tidy up. It could be as little as 20 minutes or the whole fayre. Any help is very much appreciated.



Mental Health in Schools Team Tips For Wellness



Dimensions tool



Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Empathy

Empathy means *feeling with* someone, not just *feeling sorry for* them. It is one of the best ways to be a kind friend and a good person. Empathy is not just noticing that someone is happy, sad, or hurt—you're trying to understand their feelings **from their point of view** and responding with kindness.

Examples of when you could be empathetic:

A friend is nervous before a test.

You might say: *"I get nervous too. We've got this!"*

Someone is sitting alone at lunch.

You might think: *"I would feel sad if I were alone."*

So, you could invite them to sit with you.

Our tips for empathy:

1. **Pay attention** to how people look and sound. Are they happy, sad, or upset? Look for clues in their body language to find out how they might be feeling.
2. Read a book or watch a TV show. Pick a character in the book or show and imagine how that character might feel. Do you think all the characters feel the same? **Put yourself in their shoes!**
3. **Empathy drawing** – if you like to get creative, you could try drawing a picture of how someone else might feel in a certain situation (e.g., "a child who has lost their favourite toy", "a child who is starting a new school").
4. **Be kind with actions** - even little things help - like sharing, listening, or giving a hug.
5. **Include everyone** - invite others to play, join in, or sit with you. Notice if someone is standing alone, sitting on a bench, or watching others play.
6. **Kindness cards** – consider making cards or notes for family, friends or classmates who might need a boost!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.



Discover our **FREE** rail safety videos and keep your children safe by visiting railsafefriendly.com

THE RAIL SAFE FRIENDLY PROGRAMME

The Rail Safe Friendly programme has educated over **3 million young people** on the dangers of the railways.



SCAN ME

DON'T LET YOUR CHILDREN BECOME THE NEXT STATISTIC



"I implore you to listen to Harrison's story"

Simon Frazer, Principal,
Guilsborough Academy

According to the **ORR Report**, April 23 - March 24 on UK railways:

12

people died in accidents while trespassing

58%

were struck by a train or tram

42%

were electrocuted

According to **Rail Safe Friendly**, July 25:

120+

companies support the programme

11,000+

schools in the UK have engaged

20,000+

UK schools still need to be reached



VOLUNTEERS WANTED

Your School PTA Needs You



PaFos Tuck Shop

**EVERY OTHER THURSDAY
EVERYTHING PRICED 50P OR £1**

**YOU CAN FIND US IN THE
CONSERVATORY OR ON THE PLAYGROUND
CASH OR CARD ACCEPTED**

Turn your daily shopping into everyday magic for us with easyfundraising

You shop, brands donate to us. It won't cost you any extra!



 easyfundraising

Help us make a difference when you shop.
Visit www.easyfundraising.org.uk



- 1 Visit www.easyfundraising.org.uk
- 2 Sign up and search for us
- 3 Your favourite brands donate to us whenever you shop with them

Shop with 8,000+ brands including:

Booking.com

ebay

M&S

GROUPON



TUI

JOHN
LEWIS



Viking

ASOS



Uber Eats

Did you know you can raise FREE donations for Parents and Friends of St Matthew's Bloxam School - Rugby EVERY time you shop online. Just use easyfundraising! Over 8,000 brands will donate, including all the big names like eBay, John Lewis & Partners, Argos, ASOS, Expedia, M&S, Just Eat, Uswitch and many more! It costs you NOTHING!

Visit: https://www.easyfundraising.org.uk/causes/stmatthewsbloxam/?utm_source=whatsapp&utm_medium=social&utm_campaign=pmc&utm_content=wa-1

Please do take a look at the website/app and share with friends and family. The more supporters we have, the more we can provide to enhance the experience for all children at SMB.

ARE YOU ON OUR

SMB Class WhatsApp



Keep up to date on class
information, important dates
and other school messages
to join speak to Laura or
email

secretary-pafos@live.co.uk

**IF YOUR CHILD IS
FEELING UNDER
THE WEATHER,**

**IT CAN BE HARD
TO KNOW IF YOU
SHOULD SEND
THEM TO SCHOOL
OR NOT.**



**UNLESS THEY HAVE A
TEMPERATURE OF
38 DEGREES OR ABOVE,
THEY'RE USUALLY
GOOD TO GO.**



**SEARCH NHS SCHOOL
ILLNESS GUIDANCE.**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government



School Attendance

Every day counts...



Good attendance helps with...



Academic Achievement

Regular attendance helps children keep up with the curriculum and perform better academically.



Social Skills

Attending school regularly helps children develop friendships, social skills and learning how to interact with others.



Routine & Responsibility

Good attendance teaches the importance of commitment, routine, and responsibility, which are all valuable life skills.



Focus & Engagement

Children who attend school regularly are more likely to stay engaged in their learning and develop a positive attitude towards education.



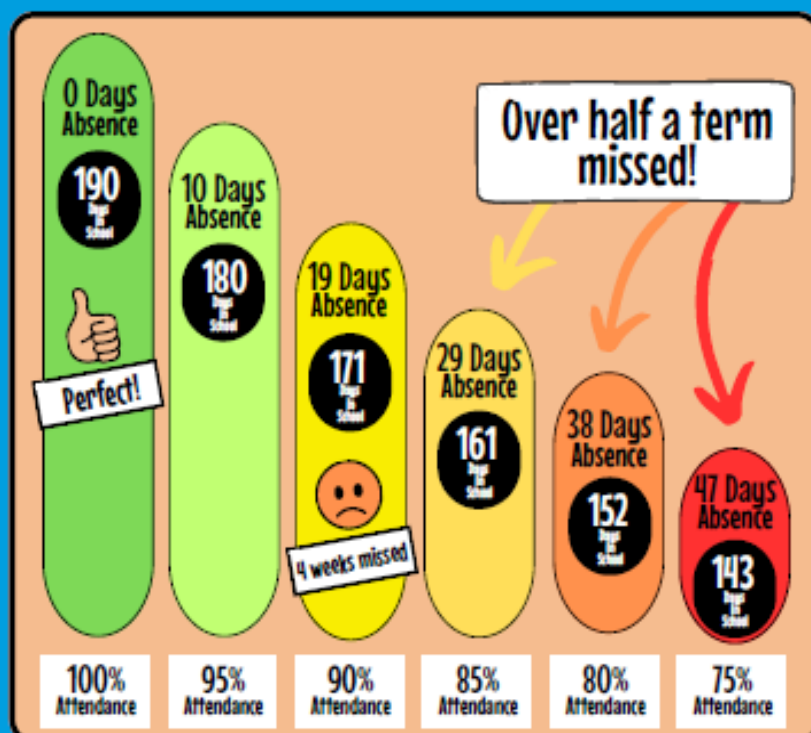
Building Confidence

Regular attendance can boost a child's self-esteem and confidence, as they see their progress and achievements over time.



Enhanced Learning Opportunities

School provides not just academic instruction, but also extra-curricular activities and enrichment opportunities.



Having 90% over 5 school years, is half a school year's work missed!

Did you know there are...

- 365 Days in a Year
- 190 School Days
- 175 Non School Days

Silly School Education



Eat Well, move *More*



Swap sugary drinks for water or milk.



Check portion sizes and give children **smaller** plates.



Make exercise fun with **active games**.



Walk, cycle or scoot for short journeys.



Warwickshire
County Council

For help to stay healthy go to:
www.warwickshire.gov.uk/eatwellmovemore

Age Restrictions for Social Media Platforms

13

is the minimum age for account holders on these social media sites and apps.



X (formerly Twitter)



Facebook



Instagram



Pinterest



Messenger



TikTok



Discord



Snapchat



Twitch



Yubo



Reddit



YouTube



BeReal



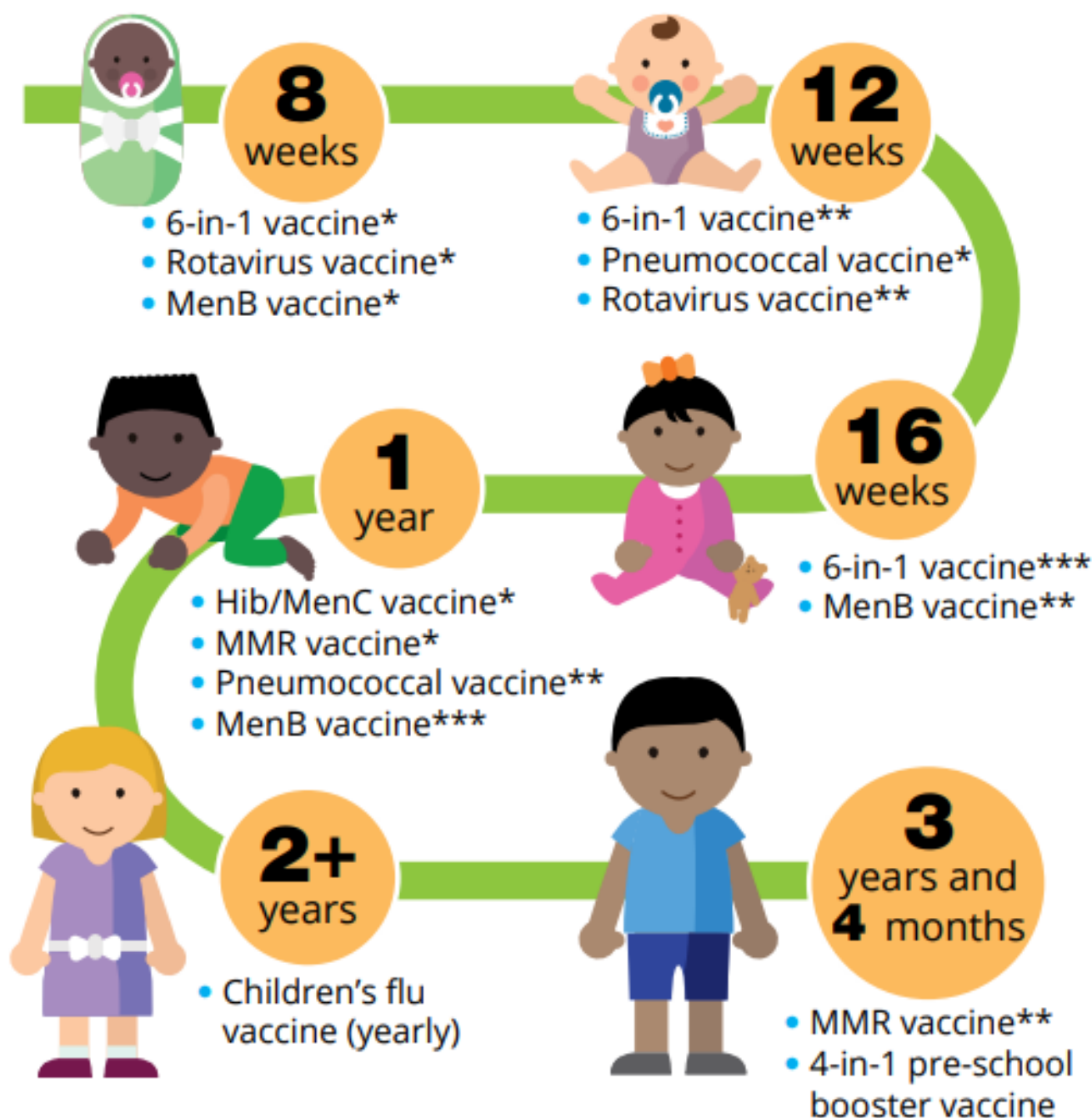
WhatsApp



Disclaimer: This resource/information is not intended to encourage social media use and we cannot accept any responsibility for pupils that sign up to social media sites after using this resource/information. Please note that age restrictions for social media platforms may vary depending on the laws and regulations in your location.



Your child's vaccine schedule



* first dose, **second dose, *** third dose

6-in-1 protects against diphtheria, tetanus, whooping cough, polio, Hib and hepatitis B

4-in-1 protects against diphtheria, tetanus, whooping cough and polio

Follow your child's vaccine schedule
to protect them against illnesses

Stick this
timeline up as a
useful reminder



- Childhood illnesses like measles and whooping cough are rising
- These illnesses can make children very sick, leading to hospital stays or lifelong problems
- If your child is not vaccinated, they are not protected
- It's important that vaccines are given on time for the best protection. Some need booster doses later too
- Check your child's red book or speak to your GP practice to see if they have missed any
- You can still catch up on most missed vaccines
- All the childhood vaccinations are free. As children grow up, they will be offered more vaccine appointments, right up until they are teenagers. Some vaccines are offered at school
- Vaccinations offered by the NHS are thoroughly tested to assess how safe and effective they are. All medicines can cause side effects, but vaccines are among the very safest.
- Research from around the world shows that immunisation is the safest way to protect our children's health

Are your child's vaccines up to date?
Book now at their GP practice