

St Matthew's Bloxam Church of England (VC) Primary School



Physical Education Policy January 2024

Whole School Vision

At St Matthew's Bloxam CofE Primary School to allow our pupil's light to shine in PE our vision for physical education and sport is that every child should have the opportunity to take part in physical activity on a regular basis and become more physically confident and competent. We hope that, through all the sporting opportunities and physical activity we offer, the children will potentially develop a love and passion for sport and continue this into their later lives.

Intent

At St Matthew's Bloxam, every child will have the opportunity to take part and enjoy physical activity on a regular basis. Our PE curriculum aims to develop physically confident and competent children with a passion for sport and activity that will continue to grow in their later lives.

Implement

Curriculum aims & objectives

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Key stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

Key stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination

- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Curriculum planning & organisation

Pupils in both KS1 and KS2 are encouraged to do 2 hours per week of physical activity. All classes will specifically follow PE national curriculum objectives for 1 hour a week.

Our PE curriculum is split into 3 strands – TEAM WORK, STRIKING/NET GAMES & PHYSICAL SKILLS. Each strand is made up of progressive units that ensure our pupils:

- develop fundamental movement skills
 - experience a variety of team / individual sports
 - grow in confidence and develop in character
 - understand how regular sporting activity positively impacts their physical and mental wellbeing
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- Each class is timetabled so that they can access the hall at least once a week.
 - Teaching staff / Onside coaching deliver high quality PE activities/lessons using The PE hub as planning guidance.
 - Swimming lessons are provided by qualified teachers from Rugby Swim School. KS2 swim. Year 5/6 – Autumn term, Year 4 – Spring term & Year 3 – Summer term. Transport time to the local pool is included as part of the PE time allocation, as we currently walk to the pool. (25 minute walk)
 - During the year, we invite different coaches to provide additional opportunities for extending the PE curriculum e.g. Rugby school & Harris School
 - Lunch time activities provide focussed opportunities for all children, helping to establish healthy lifestyles.
 - The children are all given regular opportunities to participate in competitive sporting activities. School staff accompany the teams to these events. We engage in regular football matches with local schools, enter the Kilsby Lane football league, participate in Harris School sporting events and attend the Rugby Primary Athletics.
 - Onside coaching currently provides focused lunch clubs, CPD for curriculum sessions, PPA & an afterschool club.

Each lesson is adapted to challenge pupils and provide opportunity for children of all abilities to develop their skills, knowledge and understanding of each key area. Intra-school competitions and festivals are planned at the end of each unit, allowing pupils to experience sport with other pupils from different classes.

The specific sports taught are identified on the LTP.

Monitoring & review

The coverage and standards of the provision will be monitored by SLT & subject leader through learning walks, teacher feedback and pupil interviews.

Physical activity in other subjects -

English

Links between PE and English include: writing sequences, following/giving instructions, oral/peer assessments, speaking and listening, and movement within drama.

Maths

Links between PE and Mathematics include: measurement, shape and space, sequences, number, angles, position and movement, rotation and time. Bbc.co.uk – supermovers/times table songs.

ICT

Children use capturing and recording equipment (cameras and videos) for evaluation/development of skills. Videos of professional/skilled athletes are also used to help develop good technique.

PSHE

PSHE and PE links include following rules, living healthily, co-operating with others and understanding fairness and equality.

Forest school area / Allotment

In Forest school, we play a range of collaborative & individual games which support and develop these physical skills as well as tactics which support team games. We have a range of physical obstacles which challenge their agility and balance alongside developing risk assessment skills. In Forest School and on the allotment we offer tool work which develops both fine and gross motor skills.

Christian Values

Through sport children are taught the values of respect, trust, honesty, friendliness and perseverance.

SMSC

PE offers many opportunities that support the social development of our children.

Groupings allow children to work together and give them the chance to develop respect for the abilities of other children through collaborative and co-operative work, while gaining a better understanding of themselves.

Inclusion

- Class teachers will ensure that spare PE kit is available for any occasional circumstances where a child does not have their own. All Children come to school in their PE kit.
- Lessons will provide good quality experiences that are suitably challenging for all pupils.
- Children will undertake different activities, but all will be given the same opportunity to achieve the aims through an appropriate range of activities.
- For children with limited gross motor skills, the integrity of activities will be maintained and expectations will take into account the individual needs of pupils.

- For the purposes of competitions, all children will be given the opportunity to participate in the experience.

Assessment & Recording

- Assessment is carried out by teachers in the course of the normal class activity. Assessment levels are recorded onto Sonar Tracker.
- Physical Education / physical development is included as part of the end of year reports to parents.

Health & Safety

- All staff have due regard for the current Association for Physical Education (AfPE) PE guidance when preparing and delivering PE lessons. Handbook is in school office.
- Pupils are taught how to improve their own abilities to assess risks.
- First aid equipment is available, and all staff are trained in what action to take, including calling for assistance in the event of an accident.
- Inhalers for pupils suffering from asthma are made readily accessible
- The school site manager regularly checks the equipment.
- All staff are responsible for reporting to the subject leader if any items show wear and tear.
- Any items constituting a danger are taken out of use immediately.
- All large items of equipment are inspected annually by an independent safety expert.
- Pupils are taught how to move and use apparatus safely under the supervision of a teacher or responsible adult.
- Pupils are made aware of safe practice and understand the need for safety when undertaking any activity. (e.g. not lifting Hockey stick above the waist, not jumping or running in front of others, etc).
- Pupils are taught to understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery and other body piercings.
- Teachers ensure that no jewellery is worn in lessons and long hair should be tied back. If earrings cannot be taken out, they are taped over.
- Pupils wear suitable footwear when travelling to and from the hall.
- If a child has no trainers/pumps for outdoor PE they use their shoes if the activities are suitable.
 - Children in KS 2 get changed separately. KS1 children change in their classroom unless a parent has requested differently.

Weather

In the event of weather conditions making it unsuitable to complete the activity planned, alternative arrangements are made. These include class based activities around the activity (e.g. evaluating and improving work based on watching video clips from previous weeks learning) or rescheduling the activity for another day. If the indoor space is available, the activity is taught inside with modification or adaptation still allowing the learning intentions to be achieved

Resources

- There is a variety of equipment to enable pupils to achieve objectives, which are best suited for their age and stage.
- Large equipment/ mats and indoor PE resources are stored in the hall and on the stage.
- Lunchtime equipment is kept in the cupboard by boy's toilet & outdoor shed.

Administration Arrangements for Extra Curricula Sporting Events

- The PE coordinator liaises with School Office Admin Assistant /teachers/support staff and sports coaches to arrange After school clubs/ attendance of teams at External Sporting competitions.
- Where necessary, liaising with the Educational Visits Co-ordinator to ensure that the appropriate paperwork is completed.

School Sports Premium

- Historic spend and outcomes can be seen on the school website.

Impact

All children receive a broad and balanced PE curriculum. We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. Our children learn to be respectful and take responsibility for their own health and fitness. We equip our children with the necessary skills and a love for non-competitive and competitive sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

PE and Sport are a proud part of the St. Matthew's experience and we hope that this continues to grow in the future and prepare our children for life after St Matthew's.

Review date: Spring 2027